





UNIVERSITY OF SARGODHA  
OFFICE OF THE REGISTRAR  
(ACAD BRANCH)

NOTIFICATION

On the recommendations of Academic Council made in its 19<sup>th</sup> (4/2023) meeting held on 13.09.2023, the Syndicate in its 64<sup>th</sup> (4/2023) meeting held on 03.11.2023 approved the revised curriculum of BS in Social Work (5<sup>th</sup> Semester Intake) for implementation w.e.f. Fall 2025 (Annex-'A').

  
(WAQAR AHMAD)  
Additional Registrar (General)   
Dated: 10.11.2025

No. SU/Acad/25/1220

Distribution:

- Chairperson Department of Social Work
- Controller of Examinations
- Director Academics

C.C:

- 
- Dean Faculty of Social Sciences
- Additional Registrar (A & R) *{With the request to forward the notification alongwith curriculum to all Principals of affiliated colleges concerned}*
- Secretary to the Vice-Chancellor
- PA to Registrar
- Notification File

# CURRICULUM

BS Social Work  
(5<sup>th</sup> Semester Intake)

Applicable to Academic Session Fall 2025 and onwards



DEPARTMENT OF SOCIAL WORK  
FACULTY OF SOCIAL SCIENCES  
UNIVERSITY OF SARGODHA  
SARGODHA

## 1. Overview

The Department of Social Work was established in 2003 to embrace the profession's commitment to the values of human diversity and the dignity of all the individuals of society, with particular attention to the marginalized groups. The mission of the department is to prepare future Social Work professionals who are culturally competent, acquaint with community-engaged practice, know persistent and emerging social problems of diversified groups and be in the lead of societal well-being through social policy and research. Having strong faculty, graduate and postgraduate academic programs; the curriculum is designed to enable the students to get professional Social Work knowledge along with field work practice at micro, macro and mezzo level in an array of settings and with diverse populations. The Department has five PhD and five MPhil qualified faculty members and is one of the leading departments of the University having rich faculty with diversified specializations in the field of social welfare, social policy, social gerontology, human rights, child labor, mental health, gender-based violence, feminization of poverty and social welfare of differently abled persons. Currently, the department offers BS Social Work (4 year degree program), BS Social Work- 5<sup>th</sup> Semester intake (2 year degree program) and MPhil Social Work and produces graduates and post-graduates every year.

### a. Vision of the Department

Followed by profession's commitment to the values of human diversity and the dignity of all the individuals of society, with particular attention to the marginalized groups; the mission of the department is to prepare future Social Work professionals who are culturally competent, acquaint with community-engaged practice, know persistent and emerging social problems of diversified groups and be in the lead of societal well-being through Social Work practice and research.

### b. Scope of Social Work


In the present scenario, job opportunities for Social Work graduates are expected to increase more rapidly making it more valuable than ever in a wide range of professional settings including child protection, women welfare, substance abuse treatment, services for senior citizens, rehabilitation centers, hospitals, juvenile services, mental health care and schools at public, private and non-profit sector. The job prospects of Social Work are found at national as well as at international level including Non-governmental Organizations (NGOs), Bilateral Organizations and Multilateral Organizations.

### c. Uniqueness of Social Work

The foundation of professional Social Work is a body of knowledge, skills, and values. Knowledge originates not only from social workers but also from a range of disciplines that focus on understanding people's needs and behavior. These include psychology, sociology, political science, economics, biology, psychiatry, counseling, and cultural anthropology. Social workers use knowledge drawn from each field, in conjunction with Social Work skills and values, to help individuals, families, groups, organizations, and communities solve problems and improve their quality of life. Uniqueness of Social Work lies in the framework of practice based profession and is encompassed by three views of Social Work objectives i.e. empowerment, social change & problem solving for the well-being of society.

### d. Fields of Practice in Social Work

These are the various practice contexts that address certain types of populations and needs and require a special knowledge and skill base for effective work. Each field of practice involves a labyrinth of typical human problems and the services attempting to address them. Current fields of practice include children and families, aging, disabilities, health, mental health, substance abuse, schools, and corrections. Other contexts for practice are occupational Social Work (focusing on work in employee assistance programs or directed toward organizational change), Rural Social Work (addressing the unique problems of people living in rural areas), Police Social Work (emphasizing work in police, courthouse, and jail settings with crime victims, alleged offenders, and their families), and Forensic Social Work (dealing with the law, educating lawyers, and serving as expert witnesses).

  
CHARPEY  
Department of Social Work  
University of Sargodha  
Sargodha

**BS in Social Work (5<sup>th</sup> Semester Intake)**

**Eligibility Requirements:**

For Candidates having Associate Degree or equivalent in same field	At least 45% CGPA 2.00 Out of 4.00 At least 2 CGPA out of 4 having at least 30 credit hours Associate Degree in Social Work
For Candidates where disciplines of Associate Degree or equivalent and Undergraduate program are different	At least 45% marks in BA/BSc/ADA/ADS/Equivalent 14 years degree /At least 2 CGPA out of 4 Deficiency courses should be offered.

**List Deficiency Courses:**

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
Deficiency 1	SOWK- 5101	Introduction to Social Work & Social Welfare	3(3-0)	Nil
Deficiency 2	SOWK- 5111	Human Rights for Social Work Practice	3(3-0)	Nil

Total Credit Hours: 06

**List of Major Course**

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
Major-1	SOWK-6101	Social Case Work ✓	3(3-0)	Nil
Major-2	SOWK-6102	Community Development and Organization	3(3-0)	Nil
Major-3	SOWK-6103	Human Growth and Behavior in Social Work	3(3-0)	Nil
Major-4	SOWK-6104	Theories of Social Work- I ✓	3(3-0)	Nil
Major-5	SOWK-6105	Social Group Work	3(3-0)	Nil
Major-6	SOWK-6106	Theories of Social Work- II	3(3-0)	Nil
Major-7	SOWK-6107	Social Policy	3(3-0)	SOWK-6104
Major-8	SOWK-6108	NGO Management	3(3-0)	Nil
Major-10	SOWK-6109	Research in Social Work	3(3-0)	Nil
Major-11	SOWK-6110	Social Action	3(3-0)	Nil
Major-12	SOWK-6111	Social Welfare Administration	3(3-0)	Nil
Major-13	SOWK-61xxx	Optional Course-I (from list of optional courses)	3(3-0)	Nil
Major-14	SOWK-6114	Statistics and Data Analysis in Social Work	3(3-0)	Nil
Major-15	SOWK-6115	Laws for Social Work in Pakistan	3(3-0)	Nil
Major-16	SOWK-6116	Human Resource Development in Social Work	3(3-0)	Nil
Major-17	SOWK-61xx	Optional Course-II (any one from list of optional courses)	3(3-0)	Nil

**Major Courses Credit Hours Total: 51**

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha

Interdisciplinary/Allied courses: minimum 12 credit hours:

Interdisciplinary	SOCI-5101	General Sociology-I	3(3-0)	Nil
Interdisciplinary	EDUC-5101	Introduction to Education	3(3-0)	Nil
Interdisciplinary	PSYC-5101	Introduction to Psychology	3(3-0)	Nil
Interdisciplinary	POLS-5101	Introduction to Political Science	3(3-0)	Nil
Interdisciplinary	INTR-5101	Introduction to International Relations	3(3-0)	Nil
Interdisciplinary	ECON-5104	Fundamentals of Economics	3(3-0)	Nil
Interdisciplinary	CRIM-5101	Fundamentals of Criminology	3(3-0)	Nil
<b>Interdisciplinary Courses Credit Hours Total</b>			<b>*12 Credit Hours</b>	

\*Only four courses will be offered from the interdisciplinary courses list.

**List of Optional Courses**

Optional Course	SOWK-6118	Medical and Psychiatric Social Work	3(3-0)	Nil
Optional Course	SOWK-6119	Gender & Development	3(3-0)	Nil
Optional Course	SOWK-6120	Child Protection	3(3-0)	Nil
Optional Course	SOWK-6121	School Social Work	3(3-0)	Nil
Optional Course	SOWK-6122	Rural Development and Local Government	3(3-0)	Nil
Optional Course	SOWK-6123	Social Work and Disaster Management	3(3-0)	Nil
Optional Course	SOWK-6124	Drug Abuse Prevention	3(3-0)	Nil

Degree Program Total: 06


**List of Compulsory Courses**

Compulsory	URCG-5129 URCG5131	Understanding of Quran-I Ethics I (non-Muslim Students only)	1(1-0)	Nil
Compulsory	URCG-5130 URCG-5132	Understanding of Quran-II Ethics II (non-Muslim Students only)	1(1-0)	Nil
Compulsory	SOWK-6112	Fieldwork & Report Writing-I (Social Work Practice at Micro, Macro & Mezo Level)	6(6-0)	Nil
Compulsory	SOWK-6117	Capstone Project*	3(03-0)	Nil

Degree Program Total: 08

**Summary**

Sr No	Courses	No of Courses	No of Credit Hours
1	Deficiency	02	06
2	Major	17	51
3	Compulsory	04	11
4	Interdisciplinary	04	12
			80

  
 CHAIRPERSON  
 Department of Social Work  
 University of Bangladesh

## Scheme of Studies

### Semester-I

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
Deficiency 1	SOWK- 5101	Introduction to Social Work & Social Welfare (only for BA/BSc/ADA/ADS/Equivalent except Associate Degree in Social Work)	3(3-0)	Nil
Minor-1	SOWK-6101	Social Case Work	3(3-0)	Nil
Minor-2	SOWK-6102	Community Development and Organization	3(3-0)	Nil
Minor-3	SOWK-6103	Human Growth and Behavior in Social Work	3(3-0)	Nil
Minor-4	SOWK-6104	Theories of Social Work- I	3(3-0)	Nil
	-----	From the list of ID courses	3(3-0)	Nil
Compulsory	URCG-5129	Understanding of Quran-I	3(3-0)	Nil
	URCG5131	Ethics I (non-Muslim Students only)	1(1-0)	Nil

Semester Total Credit Hours: 16-19

### Semester-II

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
Major-5	SOWK-6105	Social Group Work ✓	3(3-0)	Nil
Major-6	SOWK-6106	Theories of Social Work- II	3(3-0)	Nil
Major-7	SOWK-6107	Social Policy	3(3-0)	Nil
Major-8	SOWK-6108	NGO Management	3(3-0)	Nil
ID-II	-----	From the list of ID courses	3(3-0)	Nil
Fieldwork Experience	SOWK-6112	Fieldwork & Report Writing-I (Social Work Practice at Micro, Macro & Mezo Level)(Program specific requirement)	6(0-6)	Nil

Semester Total Credit Hours: 21

### Semester-III

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
Major-10	SOWK-6109	Research in Social Work	3(3-0)	Nil
Major-11	SOWK-6110	Social Action	3(3-0)	Nil
Major-12	SOWK-6111	Social Welfare Administration	3(3-0)	Nil
Major-13	SOWK-61xxx	Optional Course-I (from list of optional courses)	3(3-0)	Nil
ID-III	-----	From the list of ID courses	3(3-0)	Nil
Fieldwork Experience	SOWK-6113	Fieldwork & Report Writing-II (Social Work Practice at Micro, Macro & Mezo Level (Program specific requirement)	6(0-6)	Nil
Compulsory	URCG-5130	Understanding of Quran-II	1(1-0)	Nil
	URCG-5132	Ethics II (non-Muslim Students only)	1(1-0)	Nil

Semester Total Credit Hours: 22

### Semester-IV

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
Deficiency 2	SOWK- 5111	Human Rights for Social Work Practice (only for BA/BSc/ADA/ADS/Equivalent except Associate Degree in Social Work)	3(3-0)	Nil
Major-14	SOWK-6114	Statistics and Data Analysis in Social Work	3(3-0)	Nil
Major-15	SOWK-6115	Laws for Social Work in Pakistan	3(3-0)	Nil
Major-16	SOWK-6116	Human Resource Development in Social Work	3(3-0)	Nil
Major-17	SOWK-61xx	Optional Course-II (any one from list of optional courses)	3(3-0)	Nil
ID-IV	-----	From the list of ID courses	3(3-0)	Nil
Compulsory	SOWK-6117	Capstone Project*	3(3-0)	Nil

Semester Total Credit Hours: 18-21

\* Capstone Project will start from semester III



Course Code	SOWK-6101	Course Title	Social Case Work	Credit Hours	3(3-0)
-------------	-----------	--------------	------------------	--------------	--------

**Course Brief:**

The purpose of this course is to help the students to understand the basic method of social work and the application of social case work as a method of helping individuals. Social case work is one of the primary methods of Social Work which enables social worker students to help individuals and find a solution to the problems of social adjustment which they are unable to handle in a satisfactory way by their own effort. Thus, it will develop the abilities of the students to critically analyze problems of individuals, factors affecting them and will also expand the capability of establishing and sustaining a working relationship with the client.

**Course Learning Objectives:**

There will be discussion on client-case workers relationship diagnosis and Treatment process, interviewing techniques and tools like recording and its types. Describing the field of practice of Casework like Medical Social Work, School Social Work, Social Work and Mental Health, Social Work with drug addicts, Social Work with aged, Social work with disabled and Social Work with Prisoners: it will emphasize on trends and issues in Social Case Work in Pakistan. It also involves discussion on authority and its use in Social Casework, the Phenomena of transference and types of treatment etc.

**Course Contents:**


1. Introduction to Social Case Work
2. Concept and Scope of Social Case Work
3. Historical Development of Social Case Work
4. Code of ethics of Social Case Work
5. Components of Social Case Work
6. Principles of Social Case Work
7. Skills in Social Case Work
8. Problem Solving in case Work
9. Social Study in Case Work
10. Assessment in Case Work
11. Intervention in Case Work
12. Termination in Case Work
13. Client-Worker Professional Relationship
14. Role of social case worker
15. Approaches to Social Case Work
16. Techniques of Social Case Work Process
17. Tools of Social Case Work Intervention
18. Fields of Social Case Work

**Recommended Texts:**

1. Aptekar, H. H. (2018). *Basic concepts in social case work*. Chapel Hill: University of North Carolina Press.
2. Deve, R. & Prakash, R. (2014). *Social work methods, practices and perspective*. Jaipur: Mangal Deep.

**Suggested Readings:**

1. Zastrow, Z. (2010). *Introduction to social work and social welfare: empowering people*. Belmont: Brooks/Cole.
2. Stewart (2010). *Interviewing, principles and practices*. Tata McGraw-Hill Education.

  
 DEPARTMENT OF SOCIAL WORK  
 UNIVERSITY OF PUNJAB  
 LUDHIANA

Course Code	SOWK-6102	Course Title	Community Development Organization	and	Credit Hours	3(3-0)
-------------	-----------	--------------	------------------------------------	-----	--------------	--------

**Course Brief:**

Community development is a complex field of study- one that is boundary spanning in its scope and multidimensional in its applications. It is because community development not only concerns the physical realm of community, but also the social, cultural, economic, political and environmental aspects as well. Evolving from an original needs-based emphasis to one that is more inclusive and asset-based community development is now a distinct and recognized field of study.

**Course Learning Objectives:**

Today, scholars and practitioners of community development are equipped to respond to the challenges facing communities. Because its applications are wide-ranging yet always aimed at improving quality of life, it is important to understand the underlying foundations and theory of community development as well as the variety of strategies and tools used to achieve desired outcomes. Students will learn the art of community organizing, visioning, planning, implementing and evaluating the community projects/programs.

**Course Contents:**


1. Conceptualizing community
2. Dimensions of communities
3. Functions of communities
4. Classical and Contemporary perspectives: strengths, empowerment and resiliency perspectives
5. A framework for community and economic development
6. Community development theories
7. Approaches to community development: need-based community development, asset-based community development
8. Community development practice: role of community worker, community development principles, community development process
9. Social Work practice with communities: engagement, assessment, planning, intervention, termination, evaluation
10. Community visioning and strategic planning
11. Community organizing: establishing community-based organizations, developing leadership skills, assessment, asset-mapping
12. Sustainable community development
13. Project proposal
14. Community development programs in Pakistan

**Recommended Books:**

1. Netting, F. E., Kettner, P. M., McMurtry, S. L., & Thomas, M. L. (2017). *Social work macro practice* (6th ed.). Boston: Pearson Education, Inc.
2. Phillips, R., & Pittman, R. H. (Eds.). (2015). *An introduction to community development*. Oxon: Taylor & Francis.

**Suggested Readings:**

1. Bessant, K. C. (2018). *The relational fabric of community*. New York: Palgrave Macmillan.
2. Brueggemann, W. G. (2014). *The Practice of Macro Social Work* (4th ed.). Boston: Cengage Learning.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-6103	Course Title	Human Growth and Behavior in Social Work	Credit Hours	3(3-0)
-------------	-----------	--------------	--	--------------	--------

**Course Brief:**

Human growth and behavior mean the potential and expressed capacity for physical, mental, and social activity during the phases of human life. Individuals, like other animal species, have a typical life course that consists of successive phases of growth, each of which is characterized by a distinct set of physical, physiological, and behavioral features. Social workers work with people so understanding human behavior is essential to be an effective social worker.

**Course Learning Objectives:**

Human growth and behavior course is designed to acquaint the students with developing concepts in psychology and to give them an understanding of the basic dynamics, which underlie human behavior at various stages in the lifespan. The knowledge of human behavior will contribute to the students as a future practitioner. They will understand their clients and translate into better assessment of their client's needs. Moreover, it helps social workers to understand that every person is a little bit different, thus human development tends to follow a remarkably predictable pattern, and hence they will know what's typical at certain ages and stages.

**Course Contents:**


1. Meaning and significance of human growth and behaviour
2. Basic assumptions of human behavior
3. Approaches to the study of human growth and development
4. Principles of human growth and development
5. Factors affecting human growth/development
6. Phases of human growth and development
7. Introduction to theories of personality development
8. Freud's Psycho Analytic Theory
9. Jung's Analytical Theory
10. Social Psychological Theory of Adler
11. Eric Erikson's Psychoanalysis and the life cycle
12. Jean Piaget's Theory of Cognitive Development
13. Lawrence Kohlberg's Theory of Moral Development
14. Concepts of abnormal behavior
15. Psychotic Disorder
16. Neurotic Disorder
17. Psychosomatic Disorder
18. Role of Nature & Nurture in Personality Development

**Recommended Texts:**

1. Schultz, D. P. & Schultz, S. E. (2017). *Theories of personality*. Boston: Cengage Learning.
2. Cameron, N., & Bogins, B. (2012). *Human Growth and Development*. Elsevier.

**Suggested Readings:**

1. Beckett, C., & Tylor, H. (2010). *Human Growth and Development*. (2nd Edition). Sage.
2. Feldman, R.S. (2005). *Understanding Psychology*. (7th Edition). McGraw-Hills.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-6104	Course Title	Theories of Social Work- I	Credit Hours	3(3-0)
-------------	-----------	--------------	----------------------------	--------------	--------

**Course Brief:**

A theory is an organized set of ideas that seek to explain a particular phenomenon. Theories are used in the natural sciences to explain various phenomena, including changes in weather patterns or causes of various diseases. Following a similar procedure, social scientists develop theories to explain social phenomena. As a result of the challenges facing social science researchers, the social work knowledge base is grounded in a multitude of theoretical ideas that come together to inform practice. There are varying levels of abstractions when considering theoretical material in Social Work.

**Course Learning Objectives:**

This course is designed to acquaint the students with the knowledge of social construction of Social Work Theory including different theories like Respondent learning theory Operant Learning, Theory, Cognitive-Behavioral Theory, Ego Psychology Theory, Self-Psychology Theory, Attachment Theory, Psychosocial Theory, Cognitive Development Theory, Person-Centered Theory/Client-centered Theory and Task-Centered Theory. It will also shed light on role of theories in Social Work practice.

**Course Contents:**


1. The social construction of Social Work Theory
2. Evolution of Social Work Theory
3. Role of theories in Social Work practice
4. Respondent learning theory
5. Operant Learning Theory
6. Rational Choice Theory
7. Cognitive-Behavioral Theory
8. Ego Psychology Theory
9. Self-Psychology Theory
10. Family Systems Theory
11. Attachment Theory
12. Systems Theory
13. Psychosocial Theory
14. Cognitive Development Theory
15. Person-Centered Theory/ Client-centered Theory
16. Task-Centered Theory

**Recommended Texts:**

1. Payne, M. (2014). *Modern social work theory*. London: Palgrave Macmillan.
2. Langer, C. L. & Lietz, C. A. (2015). *Applying theory to generalist social work practice a case study approach*. New Jersey: John Wiley & Sons, Inc.

**Suggested Readings:**

1. Lindsey, L. (2009). *Social work intervention*. Exeter: Learning Matters Ltd.
2. Sowers, K. M. & Dulmus, C. N. (2008). *Comprehensive handbook of social work and social welfare: human behavior in the social environment (vol. 2)*. New Jersey: John Wiley & Sons, Inc.

  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	URCG-5129	Course Title	Understanding of Quran I	Credit Hours	1(1-0)
	URCG-5131		Ethics I (non-Muslim Students only)		

Annex - A

URCG-5129

### Model Course Outline for the Course Understanding of Quran - I

Course Title: Understanding of Quran - I  
 Course Book: Muallimul Quran (Volume 1, 2 & 3) by Dr Ubaid ur Rahman  
 Credit Hours: 1 (0-1)  
 Contact Hours: 3 per week  
 Weeks: 15-16 (45-48 hours)


#### Course Learning Outcomes:

By the end of this course, students will be able to:

1. Develop the ability to understand basic words of the Quran, phrases and sentences that do not contain verbs (unit 1 to 5 of Muallim ul Quran Book) and then sentences having present tense (first half of unit 6 of Muallim ul Quran Book).
2. Acquire a strong foundation for understanding long verses of the Quran with clarity.
3. Comprehend Quranic vocabulary, particles (operative & non operative particles), compounds (Adjective & Possessive compound), pronouns (singular & plural) and types of plural through hundreds of Quranic sentences.
4. Recognize and understand different styles of Quranic sentences, including nominal sentence, emphatic sentence, double emphatic sentence, negative sentence, interrogative sentence, oath-based sentences.
5. Strengthen understanding of fundamental Quranic linguistic styles, expressions and idioms.
6. Understand at least 30 to 40 % of each page of the holy Quran.


#### Provision of material, content and books:

- Paper book: All volumes are available in printed book form.
- Tutorial videos: Teaching video of each lesson available on YouTube.
- Confirmation Videos: A complete series of confirmation videos of all lessons is available in which the student can confirm his answers.
- Flipbook: A flipbook edition is also accessible.
- Helping material: Helping material for the teachers like quizzes, question papers and images is available on website.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

**Course Outline:**

Weeks	Lectures (1.5 hrs)	Units	Lessons	Assignments/Home Task	Linguistic Rules
1.	1.	1	1-6	Writing the meaning of Quranic words Lesson 1-8	Proper Noun Masculine & Feminine
	2.	1	9-14	Writing the meaning of Quranic words 9-14	Two kinds of plural Concept of (و) "And" Common Noun
2.	1.	1	15-17	Writing the meaning of Quranic words, phrases & translation of Sentences 15-17	Demonstrative Noun (This & That for Masculine (هذا) & Demonstrative Noun (This & That for Feminine) (هذه))
	2.	1	18-19 & Revision (Unit 1)	Writing the meaning of Quranic words, phrases & translation of Sentences 17-19 Quiz	Lam for emphasis (لام التأكيد) & Superlative Degree like أكبر Revision of all Quranic Sentences
3.	1.	Unit 2	1-3	Writing the meaning of Quranic words, phrases & translation of Sentences 1-3	Emphatic Particle (الواو) & Preposition "for" (لِ) & Preposition (إلى)
	2.	2	4-6	Writing the meaning of Quranic words, phrases & translation of Sentences 4-6	Preposition (من إلى)
4.	1.	2	7-9	Writing the meaning of Quranic words & translation of Sentences 7-9	Preposition (لِ) & Absolute Negation Particle & Exceptive Particle (بِ) & (أما) & (لكن)
	2.	2	10-13 & Revision (Unit 2)	Writing the meaning of Quranic words, phrases & translation of Sentences 10-13 Quiz	Subordinating Conjunction (عند) & (كان) & (وكان) & Vocative Particle (حرف النداء)

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

5.	1.	Unit 3	1-2	Writing the meaning of Quranic phrases 1-2	Quranic Adjective Compounds (صفة وموصوف)
	2.	3	3-5	Writing the meaning of Quranic phrases & translation of sentences 3-5	Quranic Possessive Construction (مضاف ومضاف اليه)
6.	1.	3	6-7	Writing the meaning of Quranic phrase translation of sentences 6-7	Quranic Possessive Construction (مضاف ومضاف اليه)
	2.	3	8-10 & Revision (Unit 3)	Writing the meaning of Quranic phrase & translation of sentences 8-10 Quiz	Active Participle (اسم التام), Passive Participle (اسم المفعول), Dual (مثنى)
	3.	Unit 4	1-2	Writing the meaning of Quranic phrase & translation of sentences 1-2	Personal Pronoun He (هو) (المتصل) Possessive Pronoun His (له) (المتصل)
7.	1.	4	3-4	Writing the meaning of Quranic phrase & translation of sentences 3-4	Possessive Pronoun with prepositions like لي بيتك Pronoun "His" with prepositions like له بيتك
	2.	4	5-8	Writing the meaning of Quranic sentences 5-8	Personal Pronoun You (انت) (المتصل) Possessive Pronoun Your (لك) (المتصل) Possessive Pronoun with prepositions like لي بيتك Pronoun "your" with prepositions like لك بيتك
8.	1.	4	5-8	Writing the meaning of Quranic sentences 5-8	Personal Pronoun You (انت) (المتصل) Possessive Pronoun Your (لك) (المتصل) Possessive Pronoun with prepositions like لي بيتك Pronoun "your" with prepositions like لك بيتك
	2.			Mid Term	


  
 Dr. MAHESH CHANDRA  
 Department of Social Work  
 University of Sargodha  
 Sargodha

9.	1.	4	9-12	Writing the meaning of Quranic phrases & sentences 9-12	Personal Pronoun She (هي) (المتصل) Possessive Pronoun Her (ها) (المتصل) Possessive Pronoun with prepositions like لي بيتها Pronoun "Her" with prepositions like لها.
	2.	4	13-16	Writing the meaning of Quranic phrases & sentences 13-16	Personal Pronoun I (أنا) (المتصل) Possessive Pronoun Her (ي) (المتصل) Possessive Pronoun with prepositions like لي بيتي Pronoun "My" with prepositions like لي.
10.	1.	4	17 & Revision Unit 4	Revision of all Quranic sentences of Unit 4 Quiz	Adverb (حال)
	2.	Unit 5	1-2	Writing the meaning of Quranic phrases & sentences 1-2	Masculine Plural (جمع المذكر السالم وجمع المذكر السالم المسبوق بحرف الجر)
11.	1.	5	3-4	Writing the meaning of Quranic phrases & sentences 3-4	Possessive Construction with Plurals (جمع المذكر السالم المسبوق بالإضافة)
	2.	5	5-6	Writing the meaning of Quranic phrases, sentences & verses 5-6	Personal Pronoun They (هم) (المتصل) Possessive Pronoun Their (هم) (المتصل)
12.	1.	5	7-8	Writing the meaning of Quranic phrases, sentences & verses 7-8	Possessive Pronoun with prepositions like لي بيتهم Pronoun "Their" with prepositions like لهم
	2.	5	9-11	Writing the meaning of Quranic phrases, sentences & verses 9-11	Personal Pronoun You (أنت) (المتصل) Possessive Pronoun Your (ك) (المتصل) Possessive Pronoun with prepositions.



CHAMPERSOH  
Department of Social Work  
University of Sargodha  
Sargodha

13.	1.	5	12-14	Writing the meaning of Quranic phrases & sentences & verses 12-14	فِي بِكُمْ like Pronoun "Your" with prepositions like لَكُمْ Personal Pronoun We (نحن) (المتصل) Possessive Pronoun Our (نحن) (المتصل)
	2.	5	15-16	Writing the meaning of Quranic sentences & verses 15-16	Possessive Pronoun with prepositions فِي لِيْنَا like Pronoun "Our" with prepositions like لَنَا
14.	1.	5	17-18	Writing the meaning of Quranic sentences & Verses 17-18	Demonstrative Pronoun These, Those (هؤلاء أولئك)
	2.	5	19-23	Writing the meaning of Quranic sentences & Verses 19-23	ما / إلا / إن / إلا / إن / ما / (الأمم / إن / بل / كان / لا / إلا / اليوم / يومئذ / سبحان / مدينهم / إلا / إن / يتس / نعم / كذآ ما / أدركه / خصيب / أعظم / من / مصير / مرجع / لنا / تميز)
15.	1.	5	Revision Unit 5	Quiz	
	2.	5	1-3 ( till Page 16)	Writing the meaning of Quranic Verbs & Translation of Quranic Sentences & Verses (1-3)	Introduction of Present Tense (الكل مستخرج) & Verbal Sentence (جملة فعلية) Present Tense الكل المستخرج صيغة المفرد يعلم
16.	1.	6	3 (From Page 17) & 4-5	Translation of Quranic Sentences & Verses 3-5	Present Tense الكل المستخرج صيغة المفرد يعلم
	2.	6	6	Translation of Quranic Sentences & Verses	Present Tense الكل المستخرج صيغة الجمع يعلمون

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sa. Jodha  
 Bargarh

1-Course Description

The Ethics-I course is designed to provide students with a comprehensive understanding of ethical principles, practices, and theories in various societal contexts. Throughout this degree program, students will explore the complexities of ethical theories of secular and non-secular religions along with decision-making and develop critical thinking skills to navigate moral dilemmas. This course will also enable the students to interact with other religious identities with harmonious, inclusive and holistic approach.

2- Learning Objectives

This course aims to:

1. Introduce students to the fundamental concepts, scope, and importance of ethics.
2. Explore the relationship between law, morality, and social ethics.
3. Develop a clear understanding of virtuous and immoral ethics and their impact on individual and collective life.
4. Study the role of major religious figures in the moral development of human society and enable students to apply ethical principles for personal development, conflict resolution, and social harmony.

3- Learning Outcomes

By the end of the course, students will be able to:

1. Students will be able to identify and analyze major ethical theories, values, and their scope in social and individual life.
2. Differentiate between law and ethics, and analyze their interrelationship.
3. Identify types of virtuous and immoral ethics and assess their social impacts.
4. Examine the ethical teachings of major religions and their relevance in contemporary society.
5. Apply ethical principles to address modern challenges in personal and professional life.

4-Course Structure

1. Interactive lectures, Q&A discussions and debates.
2. Reflection papers and presentations.
3. Assignments and Quizzes.

Course Contents

Unit 1: Introduction and Fundamentals of Ethics

1. Ethical and terminological definition of ethics
2. Literal and terminological definition of values
3. Relationship between law and ethics

Unit 2: Types of Ethics and Their Impact on Society

- Virtuous ethics: concept, types, benefits, and relevance
- Immoral ethics: concept, types, and harm
- Role of ethics in social reform and establishment of peace

Unit 3: Virtuous Ethics (Al-Ihsan - i-Hisani)

- Concept, need, and importance of virtuous ethics
- Scope of virtuous ethics in the light of religions
- Major virtues in revealed and non-revealed religions
- Impact of virtuous ethics on individual and collective life

Unit 4: Immoral Ethics (Al-Ihtak - i-Hakili)

- Concept of immoral ethics
- Social problems caused by immoral ethics
- Practical consequences of immoral ethics
- Major vices in revealed and non-revealed religions


Unit 5: Role of World Religious Figures in Moral Development

- Prophet Moses (AS): Introduction, miracles, and role in moral reform
- Prophet Jesus (AS): Introduction, miracles, and role in moral reform
- Prophet Muhammad (SA): Introduction, miracles, and role in moral reform

Textbook:  
1. Harris, T. (2002). *Ethics: A Holistic Approach in the Quran*. McGill-Queen's University Press.

Suggested Readings

1. Gen: 91 (2005). *Morality, its Nature and Justification*. Oxford University Press.
2. MacIntyre, A. (2007). *After Virtue: A Study in Moral Theory*. University of Notre Dame Press.
3. Al-Ghazali Abu Hamid (2001). *The Alchemy of Happiness*. Islamic Texts Society.
4. Harris, T. (1994). *The Heart of Islam: Enduring Values for Humanity*. Harper One.
5. Linnemann, T.L. & Chikara, J.P. (2019). *Principles of Business Ethics*. Oxford University Press.
6. Hana Z. (2010). *Ethics in Islam: Key Concepts and Contemporary Challenges*. IIC Research Institute, Cambridge.

  
Dr. Virendra S. J.N.  
Department of Social Work  
University of Jharkhand  
Sergocho

Course Code	SOWK-6105	Course Title	Social Group Work	Credit Hours	3(3-0)
-------------	-----------	--------------	-------------------	--------------	--------

**Course Brief:**

Social group work represents a broad domain of direct Social Work practice. Social workers work with a variety of groups in all settings in which social work is practiced. While some have proposed that social work practice with groups reflects any and all groups within which social workers participate, other definitional parameters have been established.

**Course Learning Objectives:**

The course will familiarize the students with the concept and methods of group work, its purpose, principles, group dynamics, group developmental stages and important elements of group dynamics like group structure, group members, and group leaders. It will also enable the students to practically observe the functioning of groups being administered for different age groups in different social welfare agencies during their field work. It will help the students to understand the workers and group relationship and dynamics of group life. Moreover, it will acquaint the students to understand the techniques and skills to meet the needs of individuals and groups and apply their knowledge in-group situations.

**Course Contents:**

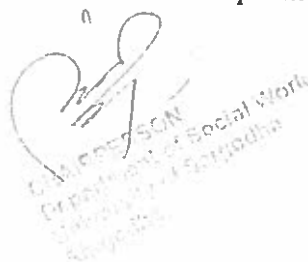
1. Definition, purpose and importance of Social Group Work
2. Structure of the Group
3. History of Social Group Work
4. Principles of Social Group Work
5. Methods of Social Group Work
6. Group Dynamics: Definitions, Concepts and components
7. Models of Social Group Work
8. Planning a Group Work: clarity of purpose, available resources, selection of specific method of Social Group Work, selection of physical settings and non-physical setting, duration of the Group Work, types of group members, mechanism for evaluation of group performance
9. Recording in Group Work
10. Leadership in Social Group Work: Types and Theories
11. Group Development Stages and role of Social Group Worker (Forming, Storming, Norming, Performing and Adjourning)
12. Skills and Functions of Social Group Worker
13. Social Work practice with groups: engagement, assessment, planning, intervention, termination, evaluation
14. Social Group Work with: Children, Adolescents, differently abled, Adults and Aged People
15. Issues and trends in Social Group Work in Pakistan.

**Recommended Books:**

1. Lindsay, T. & Orton, S. (2014). *Group work practice in social work*. London: Sage.
2. Zastrow, C.H. (2013). *Social work with groups: a comprehensive worktext*. Belmont: Cengage learning.

**Suggested Readings:**

1. Alle-Corliss, L & Alle-Corliss, R. (2009). *Group work a practical guide to developing groups in agency settings*. New Jersey: John Wiley & Sons, Inc.
2. Doel, M. (2006). *Using groupwork*. London: Routledge.
3. Greif, G. L. & Ephross, P. H. (2005). *Group Work with Populations at Risk*. New York: Oxford University Press.



Course Code	SOWK-6106	Course Title	Theories of Social Work- II	Credit Hours	3(3-0)
-------------	-----------	--------------	-----------------------------	--------------	--------

**Course Brief:**

A theory is an organized set of ideas that seek to explain a particular phenomenon. Theories are used in the natural sciences to explain various phenomena, including changes in weather patterns or causes of various diseases. Following a similar procedure, social scientists develop theories to explain social phenomena. As a result of the challenges facing social science researchers, the social work knowledge base is grounded in a multitude of theoretical ideas that come together to inform practice. There are varying levels of abstractions when considering theoretical material in Social Work.

**Course Learning Objectives:**

This course is designed to acquaint the students with the knowledge of social construction of Social Work Theories like Moral Development Theory, Small Group Theory, Family Systems Theory, Organizational Theory, Empowerment Theory, Narrative theory, Transtheoretical Model and the Potentially Harmful Effects of Theory in Social Work.

**Course Contents:**


1. Role of theories in Social Work practice
2. Solution-focused Theory
3. Crisis Theory
4. Feminist Theory
5. Genetic Theory
6. Moral Development Theory
7. Small Group Theory
8. Humanistic Theory
9. Organizational Theory
10. Empowerment Theory
11. Narrative theory
12. Transpersonal Theory
13. Transtheoretical Model
14. Effects of Theory in Social Work Practice

**Recommended Texts:**

1. Payne, M. (2014). *Modern social work theory*. London: Palgrave Macmillan.
2. Langer, C. L. & Lietz, C. A. (2015). *Applying theory to generalist social work practice a case study approach*. New Jersey: John Wiley & Sons, Inc.

**Suggested Readings:**

1. Lindsey, L. (2009). *Social work intervention*. Exeter: Learning Matters Ltd.
2. Sowers, K. M. & Dulmus, C. N. (2008). *Comprehensive handbook of social work and social welfare: human behavior in the social environment (vol. 2)*. New Jersey: John Wiley & Sons, Inc.

  
 CHARPLESON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-6107	Course Title	Social Policy	Credit Hours	3(3-0)
-------------	-----------	--------------	---------------	--------------	--------

**Course Brief:**

Social policy refers to governmental and legislative efforts to implement changes to benefit society or a particular segment of society and, in this sense, is a social intervention and involves growing recognition that government needs to work with other groups in order to achieve social development. The subject has become more international in scope, recognizing that different countries adopt very different solutions to common problems, as an academic subject, social policy gained prominence in British universities after the Second World War when the rapid expansion of key public services prompted interest in the emerging 'welfare state'.

**Course Learning Objectives:**

This course is designed to make students able to understand the contemporary concept of Social Welfare and Social Policy. It will help them in understanding social development in historical context, theoretical debates in social development and strategies for social development. It will enable them to have deeper insight of Social Protection Nets with reference to the Welfare States as well as the current situation of Pakistan.

**Course Contents:**

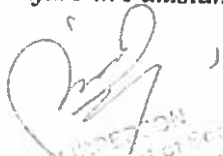
1. Introduction
2. History and Development of Social Policy in UK, USA, Canada and Australia
3. Social Policy and society
4. Principles of Social Policy (Need, Equality and Rights)
5. Social Policy, Social Welfare and the Welfare State
6. Social Policy Analysis: Aims, Values, Goals, Methods, Implementation
7. Approaches to the Development of Social Policy: Residual versus Institutional Approaches, Universal versus Selective approaches, Blending Social Welfare Policy Approaches
8. Functions of Social Policy: social functions, economic functions and political functions
9. Models of Social Policy: developmental, productivist, redistributive
10. Theories of Social Policy
11. The New Right Approach
12. The Social Democratic Approach
13. The Radical Socialist or Marxist Approach
14. The Feminist Approach
15. The Anti-Racist Approach
16. Environmentalism.
17. The Third Way
18. Social Protection
19. Social Policy in Pakistan: classical and contemporary issues

**Recommended Books:**

1. Spicker, P. (2014). *Social policy: theory and practice*. Bristol: Policy Press.
2. Blakemore, K. (2013). *Social policy*. Berkshire: Open University Press.

**Suggested Readings:**

1. Baldock, J. et al. (2003). *Social policy*. Oxford: Oxford University Press.
2. Blau, J & Abromovitz, M. (2010). *Dynamics of social welfare policy*. New York: Oxford University Press.
3. Rahmatullah, S. (2000). *Social welfare in Pakistan*. Karachi: Oxford University Press.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-6108	Course Title	NGO Management	Credit Hours	3(3-0)
-------------	-----------	--------------	----------------	--------------	--------

### Course Brief:

The growth in non-governmental organizations (NGOs) that started in the latter part of the 20th century has, despite some early concerns, continued into the 21st century, in almost all parts of the globe and in all spheres of human activity. NGOs have become highly visible components of civil society and are recognized as significant players in the fields of human rights, the environment and social development at local, national and international levels; although they share some characteristics with state and private sector organizations.

### Course Learning Objectives:

This course has been designed to give the students the introduction and background knowledge NGOs working at local, regional, national and International level. Due emphasis is also given on the working of NGOs in Pakistan. This specialization course further gives an insight to the students into the management of NGOs. Students will be well equipped with the knowledge of tools and techniques adopted by NGOs and will also be able to prepare project proposal.

### Course Contents:

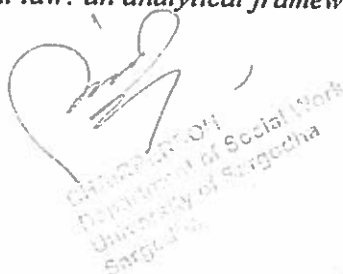
1. Definitions and meaning of NGOs
2. Historical development of NGOs
3. Types of NGOs (International organizations, National organizations, Regional organizations)
4. NGOs management and the concept of third sector/NGOs management
5. NGO Leadership and NGO Governance
6. Role of NGOs in development
7. Capacity Building of NGOs
8. Monitoring & Project evaluation; stages in the process of programming, preparation and execution of evaluation; guide to procedures and methodology of evaluation.
9. NGO Approach to Solving Community Problems
10. Building a sustainable community organization.
11. Project designing; Community needs assessment; developing a conceptual model; developing a logical framework; project goals; project objectives; project activities; project indicators Writing Concept Papers, Proposal writing; Project budgeting and accounting.
12. Introduction to Fund Raising -Types of Funds (Donors Management, Membership, Donations, Grants), Techniques, & sources of fundraising
13. NGOs in Pakistan: Case studies
14. Role of NGOs in Social Welfare
15. Limitations of NGOs in Pakistan

### Recommended Texts:

1. Davies, T. (2014). *NGOs: a new history of transnational civil society*. Oxford: Oxford University Press.
2. Hulme, D. & Edwards, M. (2013). *Making a difference: NGO's and development in a changing world*. New York: Routledge.

### Suggested Readings:

1. Abraham, A. (2011). *Formation and management of NGO's: nongovernmental organizations*. New Dehli: Universal Law Publishing.
2. Ben-Ari, R. H. (2012). *The Normative position of international nongovernmental organization sunders international law: an analytical framework*. Leiden: Martinus Nijhoff Publishers.



Course Code	SOWK-6112	Course Title	Fieldwork & Report Writing-I (Social Work Practice at Micro, Macro & Mezo Level)	Credit Hours	6(0-6)
-------------	-----------	--------------	--	--------------	--------

**Course Brief:**

Social Work is a practice-based discipline which provides an opportunity to its students to have a practice-based experience by utilizing the knowledge of Social Work theory. There are various practice contexts that address diversified populations, study their unmet needs & social problems and require a special knowledge and skill base for effective work. Each field of practice involves a labyrinth of typical human problems and the services attempting to address them. Different fields of Social Work practice in Pakistan include child welfare, women welfare, welfare of senior citizens, disabilities, health, mental health, substance abuse, NGO management, and community organization.

**Course Learning Objectives:**

Students of Social Work are placed in Social Welfare agencies where, under supervision, they demonstrate the generalist skills of engagement, assessment, intervention, and evaluation of practice. They apply ethical principles in interactions with clients demonstrate, critical thinking, engage and embrace diversity, demonstrate and apply the Social Work theoretical knowledge.

  
 CURTIS PRISON  
 Department of Social Work  
 University of Sindh  
 Sukkur

Course Code	SOWK-6109	Course Title	Research in Social Work	Credit Hours	3(3-0)
-------------	-----------	--------------	-------------------------	--------------	--------

**Course Brief:**

Social research provides accurate and timely information on the needs, attitudes and motivations of a population: It plays a vital social role, assisting our government and businesses to develop services, policies, and products that are responsive to an identified need.

**Course Learning Objectives:**

This course will help students to understand research, types of research, its importance and steps involved in research process. Research in Social Work will also enable students to know social research, its types, steps in social research and data collection methods. This course will enable them to develop skills in the practice of researches. Through research in social work, the professionals can assess the needs and resources of people in their environment and may evaluate the effectiveness of social work services in meeting people's needs in a more comprehensive way. This course is designed to impart knowledge about social research, its scope, nature and importance in Social Work Practice as well as the sampling techniques, formulation of research design, conducting research and social surveys.

**Course Contents:**


1. Introduction
2. Alternatives to social science research: overgeneralization, selective observation, premature closure, halo effect, false consensus
3. Social research strategies: Theory and research (Deductive and inductive theory), Epistemological considerations (epistemology: positivism, Interpretivism), Ontological considerations (Objectivism, Constructionism, Relationship to social research)
4. Classification of social research: Based on Purpose, Inquiry and Method
5. Approaches to qualitative social research
6. Approaches to quantitative social research
7. Process of Social Research
8. Research design in quantitative research
9. Research design in qualitative research
10. Sampling strategies
11. Development of Research Instrument in qualitative research and quantitative research
12. Research ethics

**Recommended Texts:**

1. Neuman, W. L. (2014). *Social research methods: qualitative & quantitative approaches*. London: Pearson Education limited.
2. Creswell, J. W. (2013). *Qualitative inquiry and research design: choosing among five approaches (3rd ed.)*. Thousand Oaks, CA: Sage.

**Suggested Readings:**

1. Bryman, A. (2012). *Social research methods*. Oxford: Oxford University Press
2. Babbie, Earl. (2011). *Basics of social research (5<sup>th</sup> edition)*. Belmont: Thomson.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sagoraha  
 Bhubaneswar

Course Code	SOWK-6110	Course Title	Social Action	Credit Hours	3(3-0)
-------------	-----------	--------------	---------------	--------------	--------

**Course Brief:**

Social actions are the actions of ordinary individual human persons. These include the actions of individuals performed in accordance with conventions, rules and norms, and the actions of individuals qua occupants of social, institutional, and professional roles. Some theorists claim that the category of social actions includes the “doings” of corporate entities such as governments or nations.

**Course Learning Objectives:**

This Course is designed to highlight the importance of Social Action in attaining stability, empowerment and for promotion of social development in the society. It will provide the knowledge of elements of Social Action theories of Social Action and strategies of Social Action. The course aims to promote the students’ academic and professional skills in Social Action as significant secondary method of Social work. It will also help the students to understand the roles and functions of Social Action in forming the basis for existence and functioning of social welfare institutions.

**Course Contents:**

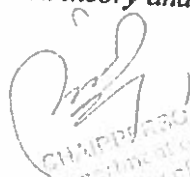
1. Introduction to social action
2. Social Action as a method of social work
3. Types of social action
4. Importance of social action
5. Principles of Social Action
6. Elements of Social action: Consciousness of group or community, Democratic working, Democratic leadership, Co-ordination/collaboration, Public opinion
7. Philosophical approaches to Social Action.
8. Theories of Social Action
9. Strategies/Instrument of Social Action: Public opinion, Volunteerism, Mobilization, Social advocacy, Confrontation /Bargaining/lobbying/signature campaign, Affirmative and non-affirmative activities
10. Process/steps of Social Action-Awareness raising, development of suitable organization, formulation of Goals and strategies, and execution of social action.
11. Role of social agencies / Civil Society in Social Action.
12. Modern trends and current issues in Social Action at national and international level: Racial and social justice, Sectarianism, Ethnicity Human right
13. Movement of political reforms Terrorism
14. Removing economic disparity Globalization (socio economic) Sensitized society
15. Industrial democracy
16. Civil liberty
17. Social action and social change

**Recommended Texts:**

1. Miller, S. (2011). *Social action: a teleological account*. Melbourne: Cambridge University Press.
2. Ibrar, M., Thorton, A., & Naqvi, R.H. (2019). *Social action*. Lahore: Department of Social Work, University of the Punjab.

**Suggested Readings:**

1. Martin, J. L. (2011). *The explanation of social action*. New York: Oxford University Press.
2. Fararo, T.J. (2001). *Social action system: Foundation and synthesis in Sociological theory*. New York: Greenwood Publishing Group, Inc.
3. Khalid, M. (2013). *Social work theory and practice*. Karachi: Kifayat Publications.

  
 CHAMPARON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-6111	Course Title	Social Welfare Administration	Credit Hours	3(3-0)
-------------	-----------	--------------	-------------------------------	--------------	--------

**Course Brief:**

Social Welfare Administration focuses on the planning, and administration of social welfare services and the determinants of the distribution of national resources to social welfare needs. This course is designed to explain an introduction to the study and practice of Social Welfare Administration.

**Course Learning Objectives:**

The students will be able to explore the task of professional social workers and social welfare administrators in different fields of social work practice as well as prevailing issues and situation in Pakistan. The course will equip basic understanding of Social administration as management, social administration as leadership, social administration as decision making and social administration as institution building. Moreover, the course will enable to students to understand administrative process, its principles, components and the role of social workers as planners, coordinators, leaders and decision makers to deliver social services effectively. The course will also enable the students to track, evaluate and analyze the responsibilities of social welfare administrators and social welfare agencies.

**Course Contents:**

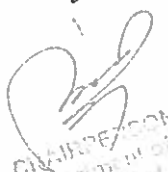
1. Introduction
2. Elements of Social Administration process
3. Social administration as management
4. Social administration as leadership
5. Social administration as decision making
6. Social administration as institution building
7. Social welfare administration and community
8. Principles of Social Welfare Administration a. Needs and vulnerability b. Risk and insecurity c. Social investment d. Social justice e. Social inclusion
9. Social Welfare Administrative structure for provision of social services a. The public sector b. The private sector (for profit, not for profit/voluntary) c. The informal sector (mutual aid)
10. Components of social administrative structure a. Organization b. Personnel c. Program d. Finance e. Management
11. Functions of Social Welfare Administration a. Planning b. Organizing c. Staffing d. Directing e. Co-ordinating f. Reporting g. Budgeting
12. Role of Social Welfare Officer/Administrator
13. Social welfare administration in Pakistan

**Recommended Texts:**

1. Lohmann, R. A. & Lohmann, N. (2002). *Social administration*. New York: Columbia University Press.
2. Hafford-letchfield, T. (2009). *Management and organisations in social work*. Exeter: Learning Matters Ltd.

**Suggested Readings:**

1. Pinch, S. (2002). *Worlds of welfare: understanding the changing geographies for social welfare provision*. UK: Routledge.
2. Rahmatullah, S. (2000). *Social Welfare in Pakistan*. Karachi: Oxford University Press.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-6113	Course Title	Fieldwork & Report Writing-II (Social Work Practice at Micro, Macro & Mezo Level)	Credit Hours	6(0-6)
-------------	-----------	--------------	---	--------------	--------

**Course Brief:**

Social Work is a practice-based discipline which provides an opportunity to its students to have a practice-based experience by utilizing the knowledge of Social Work theory. There are various practice contexts that address diversified populations, study their unmet needs & social problems and require a special knowledge and skill base for effective work. Each field of practice involves a labyrinth of typical human problems and the services attempting to address them. Different fields of Social Work practice in Pakistan include child welfare, women welfare, welfare of senior citizens, disabilities, health, mental health, substance abuse, NGO management, and community organization.

**Course Learning Objectives:**

Students of Social Work are placed in Social Welfare agencies where, under supervision, they demonstrate the generalist skills of engagement, assessment, intervention, and evaluation of practice. They apply ethical principles in interactions with clients demonstrate, critical thinking, engage and embrace diversity, demonstrate and apply the Social Work theoretical knowledge.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Gujrat  
 Gujrat

Course Code	URCG-5130	Course Title	Understanding of Quran II	Credit Hours	1(1-0)
	URCG-5132		Ethics II (non-Muslim Students only)		

Annex B

URCG-5130

### Model Course Outline for the Course Understanding of Quran - II

Course Title: Understanding of Quran - II  
 Course Book: Mu'jam ul Quran (Volume 3, 4 & 5) by Dr Ubaid ur Rashid  
 Credit Hours: 1 (0-1)  
 Contact Hours: 3 per week  
 Weeks: 15-16 (95-48 hours)

#### Course Learning Outcomes:

By the end of this course, students will be able to:

1. Directly comprehend hundreds of Quranic sentences & verses.
2. Understand at least 80 to 85 % of each page of the holy Quran.
3. Understand common verses across different Quranic topics.
4. Achieve proficiency in the basic and advance linguistic aspects of the Arabic language.
5. Understand the difference between Quranic verbs in various forms, such as present, past and imperative.
6. Develop the ability to understand long verses of the holy Quran independently and then comprehend their interpreting.

#### Provision of material, content and books:

- Paper book: All volumes are available in printed book form.
- Tutorial videos: Teaching video of each lesson available on YouTube.
- Confirmation Videos: A complete series of confirmation videos of all lessons is available in which the student can confirm his answers.
- A Flipbook: A flipbook edition is also accessible.
- Helping material: Helping material for the teachers, like quizzes, question papers and images is available on website.

#### Course Outline:


Weeks	Lectures	Units	Lessons	Assignments/Home Task	
1.	1.	6	5	Understanding & Translation of Verses	Present Tense صيغة جمع مذكر غائب مثل يعذبون
	2.	6	7-8	Understanding & Translation of Verses	Present Tense صيغة جمع مذكر غائب مثل يعذبون
2.	1.	6	9-10	Understanding & Translation of Verses	Present Tense صيغة مفرد مذكر مخاطب (معد) و جمع مذكر مخاطب (تعالون)
	2.	6	11-12	Understanding & Translation of Verses	Present Tense صيغة جمع مذكر مخاطب (تعالون)

CHANDRAN  
 Head of Social Work  
 University of Sargodha  
 Pakistan

3.	1.	6	13	Understanding & Translation of Verses	صيغة المتكلم (عبد) Present Tense
	2.	6	14-15	Understanding & Translation of Verses	صيغة جمع المتكلم (عبد) Negative Imperative صيغة المفرد وصيغة الجمع لا تبدوا لا تبدوا
4.	1.	6	16-17	Understanding & Translation of Verses	Conditional Sentences & masdar moawal (مصدر مؤول)
	2.	6	18-19	Understanding & Translation of Verses	Laam uttalaal ع (لام التعادل) Laam ul Hood (لام الحود)
5.	1.	6	20-21	Understanding & Translation of Verses	Present with object pronouns & Passive Voice
	2.	6	Revision (Unit 6)	Quiz	
6.	1.	Unit 7	1 (sec 1-3)	Understanding & Translation of Verses	Past Tense صيغة المفرد للثاني
	2.	6	1 (Sec 4-5)	Understanding & Translation of Verses	Past Tense صيغة المفرد للثاني
7.	1.	6	1 (Sec 5-6)	Understanding & Translation of Verses	Past Tense صيغة المفرد للثاني
	2.	6	1 (Sec 7-9)	Understanding & Translation of Verses	Past Tense صيغة المفرد للثاني
8.	1.	7	Revision	Understanding & Translation of Verses QUIZ	Past Tense صيغة المفرد للثاني
	2.			MID TERM	
9.	1.	7	2 (sec 1-2)	Understanding & Translation of Verses	Past Tense صيغة الجمع للثاني عدوا
	2.	7	2 (sec 3)	Understanding & Translation of Verses	Past Tense صيغة الجمع للثاني عدوا
10.	1.	7	2 (sec 4-5)	Understanding & Translation of Verses	Past Tense صيغة الجمع للثاني عدوا
	2.	7	2 (sec 6-7)	Understanding & Translation of Verses	Past Tense صيغة الجمع للثاني عدوا
11.	1.	7	3 (sec 1-2)	Understanding & Translation of Verses	Past Tense صيغة الجمع المتكلم عدوا

Handwritten signature or mark.

	2.	7	3 (sec 2-3)	Understanding & Translation of Verses	Past Tense صيغة الجمع المتكلم علينا
2.	1.	7	3 (sec 3-4)	Understanding & Translation of Verses	Past Tense صيغة الجمع المتكلم علينا
	2.	7	3 (sec 4-5)	Understanding & Translation of Verses	Past Tense صيغة الجمع المتكلم علينا
3.	1.	7	4 (sec 1-2-3)	Understanding & Translation of Verses	Past Tense صيغة الجمع للمخاطب عنتم
	2.	7	4 (sec 4-5)	Understanding & Translation of Verses	Past Tense صيغة الجمع للمخاطب عنتم
4.	1.	7	5-6	Understanding & Translation of Verses Quiz	Past Tense صيغة المتكلم والمخاطب عنتم ، عنتم
	2.	7	7	Understanding & Translation of Verses	Past Tense صيغة المرفوع للمخاطب عنتم
5.	1.	7	8	Understanding & Translation of Verses	Passive Voice (Past Tense) فعل مجهول المفعول
	2.	7	9	Understanding & Translation of Verses	Passive Voice (Past Tense) فعل مجهول الجمع
6.	1.	8	1-4	Understanding & Translation of Verses	Imperative Verb for singular فعل الأمر التامية
	2.	7	5-8	Understanding & Translation of Verses	Imperative Verb for plural فعل الأمر للجمع

  
 G. ANKUR SOFI  
 Department of Social Work  
 University of Sri Lanka  
 Sri Lanka

1. Course Description

The course Ethics-1 is designed to provide students with a deeper understanding of ethical principles and practices from both Semitic and non-Semitic religions, as well as their application in professional and social contexts. Students will engage with Jewish, Christian, Islamic, Hindu, Buddhist, Sikh, Confucian, and Jain ethical traditions. The course emphasizes moral reasoning, decision-making, tolerance, and peacebuilding. It aims to cultivate an inclusive, humanistic, and holistic approach towards ethical living and interfaith engagement.

2. Learning Objectives

The course objectives are for:

1. Understand the fundamental principles and theories of ethics.
2. Introduce the ethical and moral teachings of Judaism, Christianity, Islam, and Hinduism.
3. Explore the ethical teachings of non-Semitic religions such as Buddhism, Sikhism, Confucianism, and Jainism.
4. Develop critical thinking skills to evaluate ethical arguments and theories.
5. Promote ethical leadership and interfaith harmony.

3. Learning Outcomes

By the end of this course, students will be able to:

1. Identify and analyze major ethical theories and teachings from world religions.
2. Understand the role of religions in improving moral values and social behavior.
3. Demonstrate ethical decision-making in various personal and professional contexts.
4. Recognize the impact of ethical decisions on individual, community, and society.
5. Apply skills of ethical leadership, including communication, conflict resolution, and the course engagement.

4. Course Structure

1. Interactive lectures, Group discussions and debates
2. Participatory papers and presentations
3. Assignments and Quiz

Course Title: Ethics-1 (for B.A. History, Sociology & Public Admin) UNCW-5132

Course Contents

Unit 1: Ethical Teachings of Semitic Religions

- Judaism and its ethical teachings
- Christianity and its ethical teachings
- Islam and its ethical teachings

Unit 2: Ethical Teachings of Non-Semitic Religions

- Hinduism and its ethical teachings
- Buddhism and Jain ethical traditions
- Confucian and Sikh ethical traditions

Unit 3: Professional Ethics

- Ethics for students and teachers
- Ethics in doctor-patient relationship
- Ethics in trader-consumer interactions

Unit 4: Concept and Significance of Tolerance

- Definition, need, and importance of tolerance
- Teachings of Semitic religions on tolerance and their contemporary relevance
- Teachings of non-Semitic religions on tolerance and their contemporary relevance

Unit 5: Foundational Values and Ethics for Peace Building in Society

- Respect for sacred scriptures, personalities, places of worship, and religious symbols
- Promotion of tolerance and brotherhood
- Escalation of violence and harmony
- Non-violence towards humanity
- Absorbance of justice and fairness
- Patience, tolerance, and forgiveness

Textbook

UNCW (2009) *After Good People: A Guide to Living the Discipline of Ethical Living*. Harper.

Suggested Readings

Burton, D. J. & Weber, C. J. (2014). *Peace and Conflict Studies*. Sage.

Smith, N. (1998). *The World's Religions*. Cambridge University Press.

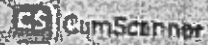
Das, S. P. (2000). *The Story of Islam: Inspiring Values for Humanity*. Harper One.

Al-Sayid, A. (2006). *Hindu Ethics: Purification, Right and Righteousness*. SUNY Press.

Henry, P. (2000). *An Introduction to Buddhist Ethics: Educational Values for Living*. Cambridge University Press.

Lovell, H.A. Parkinson, J. (2015). *A Cross-Cultural Discipline on Ethical Leadership*. Ashgate.

Conrad, (1991). *The Aspects of Ethical Living*. Prentice Hall.



*[Signature]*  
 CHAIRPERSON,  
 Department of Social Work  
 University of Burgochia  
 Burgochia

Course Code	SOWK-6114	Course Title	Statistics and Data Analysis in Social Work	Credit Hours	3(3-0)
-------------	-----------	--------------	---	--------------	--------

**Course Brief:**

This course conveys the essential concepts and tools needed to develop and nurture statistical thinking. It presents descriptive, inductive and explorative statistical methods and guides the reader through the process of quantitative data analysis. In the experimental sciences and interdisciplinary research, data analysis has become an integral part of any scientific study. Issues such as judging the credibility of data, analyzing the data, evaluating the reliability of the obtained results and finally drawing the correct and appropriate conclusions from the results are vital.

**Course Learning Objectives:**

This course would provide a step-by-step introduction for statistics, data analysis, or research methods classes using statistical software. Concise descriptions emphasize the concepts behind statistics rather than the derivations of the formulas. After reading this course students will be able to understand Basic concept of statistics and data analysis, application of descriptive and differential statistics and will be able to identify the nature of statistical data and then by using SPSS they can apply different statistical tests to reach conclusions about data.

**Course Contents:**


1. Statistical concepts: Introduction and scope
2. Applications of statistics in social sciences
3. Types of variables
4. Levels of Measurement and their use in Statistics
5. Descriptive Statistics
6. Inferential Statistics
7. Hypothesis testing; the null hypothesis; one and two tailed tests; use of null hypotheses
8. Parametric vs. Non-parametric techniques
9. Comparing Measures of Central Tendency between Groups (Paired or Dependent Measures; one-way & Two-way ANOVA; Factorial Analysis of Variance
10. Correlation and Regression
11. Regression analysis
12. Logistic Regression
13. Non-parametric tests: Chi Square test, Kolmogorov-Smirnov Test, Coefficient of Contingency, Crammer's V, Mann-Whitney Test
14. Qualitative data: Types and forms
15. Analysis of Qualitative data
16. Software to analyze the data

**Recommended Texts:**

1. Daniels, L., & Minot, N. (2019). *An introduction to statistics and data analysis using stata*. SAGE Publishing. Retrieved from [www.sagepub.com](http://www.sagepub.com)
2. Coladarci, T., Cobb, C. D., Minium, E. W., & Clarke, R. C. (2016). *Fundamentals of statistical reasoning in education*. Oviedo: John Wiley & Sons.

**Suggested Readings:**

1. Gravetter, F. J., & Wallnau, L. B. (2016). *Statistics for the behavioral sciences*. Wadsworth CA: Cengage Learning.
2. Ferguson, G.A and Takane, Y. (2015). *Statistical analysis in psychology and education*. NY: McGraw-Hill.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Calicut  
 Calicut

Course Code	SOWK-6115	Course Title	Laws for Social Work in Pakistan	Credit Hours	3(3-0)
-------------	-----------	--------------	----------------------------------	--------------	--------

**Course Brief:**

Laws seek to promote, protect and assist the weaker members of society. Laws for Social Work in Pakistan legislation includes laws assisting oppressed groups of the society, the unemployed, the infirm, the disabled, and the elderly. Social workers professional roles are destined to help individuals, families and communities in order to mobilize their resources.

**Course Learning Objectives:**

Social legislation can be used by professional Social Workers as tool for social advocacy, empowerment and provision of human rights, thus social legislation works an important tool. The purpose of this course is to give an understanding about the legislation process, its functioning and effectiveness. This course also orients students with various social legislations, laws and process of NGOs registration and functioning in Pakistan. It will enable students in understanding the Laws for Social Work in Pakistan regarding social work practice and includes family laws, women empowerment laws, child protection laws, labor laws, Senior citizens laws and Laws for oppressed groups in Pakistan.

**Course Contents:**

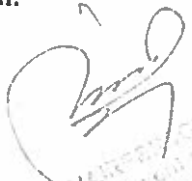
1. Introduction
2. Relationship between law and Social Work Practice
3. Sources of Law
4. Courts and Law Officers
5. Implication of Laws and role of Social Worker
6. Laws for Social Work theory, research & practice in Pakistan
7. Child protection laws in Pakistan
8. Family laws in Pakistan
9. Women empowerment laws in Pakistan
10. Non-profit organizations registration laws in Pakistan
11. Labor laws in Pakistan
12. Senior citizens laws in Pakistan
13. Laws encompassing social problems in Pakistan
14. Laws for oppressed groups in Pakistan

**Recommended Texts:**

1. Brammer, A. (2015). *Social work law*. London: Pearson.
2. Brayne, H. & Helen, C. (2010). *Law for social workers*. New York: Oxford University Press.

**Suggested Readings:**

1. Long, L., Roche, J. & Stringer, D. (2010). *The Law and social work*. New York: Palgrave.
2. Johns, R & Sedgwick, A. (1999). *Law for social work practice working with vulnerable adults*. London: Palgrave Macmillan.

  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-6116	Course Title	Human Resource Development in Social Work	Credit Hours	3(3-0)
-------------	-----------	--------------	---	--------------	--------

**Course Brief:**

Human resource management (HRM&D) refers to the design of formal systems that ensure the effective and efficient use of human talent, and serves as a vehicle to accomplish organizational goals. Human resources management and development is important because it results in a stronger and more effective workforce. When an organization develops their employees, they are strengthening their assets and making these employees even more valuable. Social work organizations depend on a well-trained and responsive workforce to provide quality services.

**Course Learning Objectives:**

This course is designed keeping in view the fact that Human resource development leads to efficiency on the job, decreases employee turnover and promotes increased productivity for the students in the market. It will make the students, well trained, competitive and will equip them with the needed knowledge and skills, so that they can perform a variety of roles in a human resources setting, such as working as a human resources coordinator, assisting with the hiring and training of new employees, or as a human resources manager, providing direction to staff and coordinating administrative tasks in a company.

**Course Contents:**


1. Human Resource Development.
2. Meaning and need of human resource development.
3. Formal and informal organizations involved in human resource development.
4. Meaning and interrelationship of organization structure and human resource development.
5. Meaning and types of human resource development activities.
6. Organizational processes involved in human resource development.
7. Motivation
8. Power and Authority
9. Leadership
10. Communication
11. Conflict
12. Decision Making
13. Career planning and human resource development.
14. Importance of human resource development in sustainable national development
15. Techniques of human resource development in social welfare institutions.
16. Financial Resource Mobilization
17. Role of worker as HR manager

**Recommended Texts:**

1. Ahuja, K.K., (2018). *Management and organization*. CBS Publishers and Distributors. Delhi.
2. Davis, Newstrom. (2017). *Organizational behavior: human behavior at work*. MacGraw-Hill, Inc. New York.

**Suggested Readings:**

1. Wehrich and Koontz. (2018). *Management: a global perspective* (10<sup>th</sup>ed.). MacGraw-Hill, Inc. New York.
2. Werther, William B. and Davis K. (1993). *Human resources and personnel management* (4<sup>th</sup>ed.). Macgraw-Hill, Inc. New York.

  
 CH. JESSE  
 Department of Social Work  
 University of Sagore  
 Burdwan

Course Code	SOWK-6117	Course Title	Capstone Project	Credit Hours	3(3-0)
-------------	-----------	--------------	------------------	--------------	--------

**Course Brief:**

A capstone project is multifaceted body of work that serves as a culminating academic and intellectual experience for students. The capstone project (preferably undertaken after the fourth semester) will be supervised and graded by a faculty member as per the protocols prescribed by the department. This is a mandatory degree award requirement of 3 credit hours for all undergraduate / equivalent degree programs.

**Course Learning Objectives:**

The capstone project is a unique opportunity to carry out independent group research in order to devise an innovative solution for a real-world problem. Students will work together in small groups to come up with innovative solutions for real-life problems with reference to Social Work education and practice.

Dr. Anisul Hossain  
 Faculty of Social Work  
 University of Bangladesh  
 Bangladesh

## INTERDISCIPLINARY/ALLIED COURSES

Course Code	SOCI-5101	Course Title	General Sociology-I	Credit Hours	3(3-0)
-------------	-----------	--------------	---------------------	--------------	--------

### Course Brief:

Sociology is the study of society, patterns of social relationships, social interaction, and culture that surrounds everyday life. It is a social science that uses various methods of empirical investigation and critical analysis to develop a body of knowledge about social order and social change. Subject matter can range from micro-level analyses of society to macro-level analyses. The course is designed to introduce the students with basic sociological concepts and to get familiarity with the overall discipline. The focus of the course shall be on basic concepts like scope and significance of Sociology, How Sociology is related as well as distinct from other social sciences. It focuses on the constituent parts of the society i.e. social systems and structures, socio-economic changes and social processes. This will also give an understanding of the Culture, elements of culture and the relationship of culture and personalities. The course will provide due foundation for further studies in the field of sociology.


### Course Learning Objectives:

By the end of this course, students will be able to:

1. Define and explain key sociological concepts and theories.
2. Analyze the reciprocal relationship between individuals and society.
3. Understand the impact of social structure, culture, and institutions on human behavior.
4. Identify and analyze patterns of social interaction and socialization processes.
5. Examine social inequality, stratification, and social mobility.
6. Explore the role of social change and social movements in society.
7. Apply sociological perspectives to analyze contemporary social issues.
8. Develop critical thinking and analytical skills through the study of sociological research and theories.

### Course Contents:

1. Introduction to Sociology
  - Defining sociology and its relevance
  - The sociological imagination
  - Major sociological perspectives and theories
2. Culture and Society
  - Understanding culture and its components
  - Cultural relativism and ethnocentrism
  - Socialization and the process of acquiring culture
3. Social Interaction and Social Structures
  - Social roles and statuses
  - Social groups and networks
  - Social institutions and their functions
4. Social Stratification and Inequality
  - Social class and socioeconomic status
  - Race, ethnicity, and inequality
  - Gender and inequality
5. Deviance and Social Control
  - Theories of deviance
  - Crime and the criminal justice system
  - Social control mechanisms and their impact
6. Social Change and Social Movements
  - Causes and types of social change

  
CHAIRPERSON  
Department of Social Work  
University of Sargodha  
Sargodha


- Social movements and collective behavior
- Globalization and social change
- 7. Family and Marriage
  - The sociological study of the family
  - Changing family structures and dynamics
  - Marriage and intimate relationships
- 8. Education and Society
  - The role of education in society
  - Educational inequality and access
  - Sociological perspectives on education
- 9. Health and Illness
  - The social construction of health and illness
  - Health disparities and access to healthcare
  - Medicalization and the pharmaceutical industry
- 10. Sociology and Social Issues
  - Applying sociological perspectives to contemporary social issues (e.g., poverty, globalization, climate change, technology)

**Recommended Texts:**

- 1 Giddens, A. (2018). Sociology (11<sup>th</sup> ed.).UK: Polity Press.
- 2 Henslin, J. M. (2018). Essentials of Sociology: A Down-to-Earth Approach (18<sup>th</sup> Edition) Pearson Publisher.

**Suggested Readings:**

- 1 Anderson, M. and Taylor, F. H. (2017). Sociology: The essentials (9<sup>th</sup> ed.). Boston: Cengage Learning.
- 2 Schaefer, T. R. (2012). Sociology (13<sup>th</sup> ed.). New York: McGraw-Hill.
- 3 Henslin, M. J. (2011). Sociology: A down to earth approach (11<sup>th</sup> ed.). Toronto: Pearson.
- 4 Macionis, J. J. (2016). Sociology (16<sup>th</sup> ed.). New Jersey: Prentice-Hall.
- 5 Thio, Alex (2012) Sociology

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sindh  
 Sukkur

Course Code	EDUC-5101	Course Title	Introduction to Education	Credit Hours	3(3-0)
-------------	-----------	--------------	---------------------------	--------------	--------

### Course Brief:


The purpose of this course is to examine the evolution of education in the Pakistan with a view to the ideological, philosophical and psychological foundations, historical trends, government involvement, and pedagogical movements. The course will focus on the introduction of basic concepts in education and the Ideological, Philosophical and Psychological foundations of education. The major focus will be on developing an understanding of the education and major terminologies. The course will also throw light on guidance and counseling as an essential component of education. Through this course emphasis will be given on analyzing various sociological, political, economic and ideological forces that influence the process of education in our cultural context. This course will also be used to develop the ability in prospective teachers to interpret knowledge with its historical, philosophical, ideological and social context, which will lead to produce critical aspects of education both within and outside the school. This course will also explore vital issues across all levels including teacher preparation, education theory, and role of society and community in education process.

### Course Learning Objectives:

At the completion of this course students will be able to define the basic concepts of Education, describe the important features of foundations of Education, Understand the role of Education in society, Describe the elements of Education, Explain the modes of Education

### Course Contents:

1. Introduction to Education
  - 1.1. Definition of Education
  - 1.2. Education as process and product
  - 1.3. Functions of education
  - 1.4. Elements of Education
2. Modes of Education
  - 2.1. Informal Education
  - 2.2. Formal education
  - 2.3. Non Formal Education
3. Islamic and Philosophical Foundation of Education
  - 3.1. Islamic Foundations of Education
    - 3.1.1. Quran
    - 3.1.2. Hadith
    - 3.1.3. Fiqqah
  - 3.2. Philosophical foundations
    - 3.2.1. Relationship between philosophy and education
    - 3.2.2. Main philosophical thoughts
    - 3.2.3. Contributions of Philosophy towards education
4. Socioeconomic Foundations of Education
  - 4.1. Relationship between education and sociology
  - 4.2. School and Society
  - 4.3. Social conditions and Education
  - 4.4. Economic condition and Education
  - 4.5. Education and Politics
5. Psychological foundations of Education
  - 5.1. Learning
  - 5.2. Maturation
  - 5.3. Relationships between Instruction and Psychology

  
 Dr. IRFAN ULLAH  
 Department of Social Studies  
 University of Sargodha  
 Sargodha


- 5.4. Contribution of Psychology towards Education
- 5.5. Cognitive teaching strategies and Teacher
- 6. Aims of Education and Curriculum
  - 6.1. Aims of Education (spiritual, Moral, Intellectual, Economic, Vocational, Social and cultural).
  - 6.2. Curriculum, Difference between Curriculum and Syllabus.
  - 6.3. Components of Curriculum (Aims and Objectives, Context and content relations Procedures, characteristics of good text books)
  - 6.4 Methods of Teaching, Different methods of teaching-evaluation, What, Why, When and how to access.]
- 7. Learning and Methods of Learning
  - 7.1. Strategy, methods and technique
  - 7.2. Traditional methods of teaching
  - 7.3. Non Traditional methods of Teaching
  - 7.4. Comparison in tradition and non-traditional methods
- 8. Society, Community and Education
  - 8.1. Meaning of Society and Community
  - 8.2. Diversity and schooling
  - 8.3. The structure and culture of school
  - 8.4. Role of Education in Development of Society
- 9. Guidance and Counselling
  - 9.1. Definition and difference between Guidance and Counselling
  - 9.2. Need of Educational Guidance
  - 9.3. Role of Guidance in Schools
  - 9.4. Forms of Guidance and Counselling

**Recommended Texts:**

1. ASER-Pakistan (2019). *Annual Status of Education Report 2018*. Islamabad: Idara Taleem-O-Agahi
2. Bartlett, S., Burton, D. (2016). *Introduction to Education Studies*. NY: SAGE Publications Ltd.

**Suggested Readings:**

1. Semel, S. F. (2018). *Foundations of Education: the Essentials text*. USA: Routledge
2. Shami, P. A. (2015). *Introduction to education*. Lahore: Ilmi Book House.
3. UNESCO (2007). *The Education System in Pakistan: Assessment of the National Education Census*.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	PSYC-5101	Course Title	Introduction to Psychology	Credit Hours	3(3-0)
-------------	-----------	--------------	----------------------------	--------------	--------

**Course Brief:**

Introduction to general psychology as the science of the human mind and behavior. The course will examine the different models upon which modern psychology has been built, along with such things as the history and origins of psychology. The course will survey introductory topics such as learning, memory, sensation and perception, personality, lifespan development, the physiological basis of behavior, stress, and health, psychological disorders, social psychology, and research methods. Students explore the key figures, diverse theoretical perspectives, and research findings that have shaped some of the major areas of contemporary psychology. This course also examines the research methods used by psychologists across these areas to study the origins and variations in human behavior.

**Course Learning Objectives:**

The course is designed to be an introduction to the science and profession of psychology. The course will assist the student in the development of a foundation of basic knowledge to pursue further studies in specific areas of psychology.

**Course Contents:**

- 1 Introduction to Psychology: Nature and Application of Psychology with special reference to Pakistan
- 2 Research Enterprise in Psychology (A brief sketch): Goals of Scientific Enterprise; Steps in Scientific Investigation; Advantages of Scientific Approach; types of research.
- 3 Biological Basis of Behavior: Communication in the Nervous System; Organization of the Nervous System; Brain Research Method
- 4 Sensation and Perception: Psychophysics: Basic Concepts and Issues: Our senses of Sight: The Visual System: Our Senses of Hearing: The Auditory System: Our Senses of Touch: Sensory Systems in the Skin: The other Senses: The Kinesthetic System & The Vestibular System
- 5 Motivation and Emotion. The Motivation of Hunger and Eating; Affiliation: Theories of Emotion (James Lange Theory & Cannon-Bard Theory; Schachter's Two Factor Theory & Evolutionary Theories of Emotion)
- 6 Learning: Definition of Learning; Types of Learning (Classical Conditioning & Operant Conditioning)
- 7 Human Memory: Encoding; Storage; Retrieval; Forgetting: When Memory Lapses; In Search of Memory Trace: The Physiology of Memory; Are There Multiple Memory Systems?
- 8 Language, Thinking & Decision making: The Cognitive revolution In Psychology; Language: Turning Thoughts into Words; Problem Solving: In Search of Solutions; Decision Making: Choices and Chances
- 9 Personality: Theory, Research, and Assessment: The Nature of Personality; Psychodynamic Perspectives; Behavioral Perspectives; Humanistic Perspectives; Biological Perspectives; Contemporary Empirical Approaches to Personality Traits; Culture and Personality

**Recommended Texts:**

- 1 Weiten, W. (2017). *Psychology: Themes and variations* (10<sup>th</sup> ed.). Boston: Cengage Learning.
- 2 Kalat, J. W. (2013). *Introduction to psychology* (10<sup>th</sup> ed.). New Delhi: Cengage Learning.
- 3 Nolen-Hoeksema, S., Hilgard, E. R. (2014). *Atkinson & Hilgard's introduction*

CHAIRPERSON  
Department of Social Work  
University of Jammu  
Srinagar

*toppsychology*

(16<sup>th</sup> ed.). New Delhi: Cengage Learning.

**Suggested Readings:**

- 1 Plotnik, R., & Kouyoumdjian, H. (2013). *Introduction to psychology* (10<sup>th</sup> ed.). Boston: Cengage Learning.
- 2 Flanagan, C., Berry, D., Jarvis, M., & Liddle, R. (2015). *AQA psychology*. Cheltenham: Illuminate Publishing.



Course Code	POLS-5101	Course Title	Introduction to Political Science	Credit Hours	3(3-0)
-------------	-----------	--------------	-----------------------------------	--------------	--------

**Course Brief:**

This course offers the student a comprehensive introduction to politics, political institutions and issues. The course has four main objectives for the student to: understand what is meant by politics, explore competing concepts and approaches, learn about how political institutions and processes work, and discuss contemporary political issues in an informed manner. While highlighting the main objectives of national life, the course explains further the socio-economic, political and cultural aspects of Pakistan's endeavours to develop and progress in the contemporary world.

**Course Learning Objectives:**

This course will also be very helpful to expand the understandings of the reader pertaining to the existed contemporary knowledge of the world and to excel his personal capabilities to serve for others. It enhances the skill of students to underpin the understanding about political process, its valuable outcome and how to unleash socio-political activities in our surroundings. It enables the students to understand the political realities about polity.

**Course Contents:**

1. Definition, Nature, Scope and Relations with Other Social Sciences
2. State; Definitions, Elements, Functions, Difference Between State and Society
3. Types of Power
4. Debates in the Study of Power
5. States: State Formation, Development, and Change
6. States and Nations: Relations and Interactions
7. Constitution: The Highest Law of the Land
8. Approaches to Executive leadership
9. Government;
10. Government Functions
11. Kinds of Governments
12. Presidential and Parliamentary Systems
13. Legislatures: Features, Functions, and Structure
14. Judicial Institutions: Structure and Design
15. Agents of Political Socialization
16. Functions of Political Parties
17. Bureaucracy and Democracy
18. Electoral Systems:
19. Single-Member Districts
20. Proportional Representation

**Recommended Texts:**

1. Grigsby, E. (2008). *Analyzing politics*. Boston: Cengage Learning.
2. Roskin, M. G., Cord, R. L., Medeiros, J. A., & Jones, W. S. (2016). *Political science: An introduction*. New York: Pearson.

**Suggested Readings:**

1. Brodie, J., Rein, S., & Smith, M. S. (2013). *Critical concepts: An introduction to politics*. New York: Pearson.
2. Kesselman, M., Krieger, J., & Joseph, W. A. (2018). *Introduction to comparative politics: Political challenges and changing agendas*. Boston: Cengage Learning.

Course Code	INTR-5101	Course Title	Introduction to International Relations	Credit Hours	3(3-0)
-------------	-----------	--------------	---	--------------	--------

**Course Brief:**

The study and practice of international relations is interdisciplinary in nature, blending the fields of economics, history, and political science to examine topics such as human rights, global poverty, the environment, economics, globalization, security, global ethics, and the political environment. Historically, the establishment of treaties between nations served as the earliest form of international relations. International relations allow nations to cooperate with one another, pool resources, and share information as a way to face global issues that go beyond any particular country or region.

**Course Learning Objectives:**

This course provides a comprehensive introduction to international relations, focusing in particular on its origins and historical evolution, its key concepts, major theoretical frameworks, main actors and institutions, the global architecture of power, and its dynamic nature in the process of globalization. More specifically, this course introduces concepts of power, statecraft, diplomacy, foreign policy, political economy and international security, and examines the evolution of international relations as a subject.

**Course Contents:**

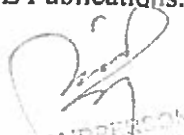
1. IR as an academic Field
2. Realism, Liberalism, Marxism, Social Constructivism
3. Relevance to Current Issues
4. US, Russia and Rise of China
5. Development of the International System
6. History of state development (City State to Empires)
7. Westphalia and Emergence of State system
8. Industrial revolution and French Revolution
9. World War I & World War II
10. Cold War and Post-Cold War
11. States and Other Actors
12. Sovereignty and Nationalism
13. States, IGOs, TNAs
14. Globalization
15. Foreign Policy
16. Diplomacy
17. Domestic politics and the outside world, public opinion
18. International Institutions, United Nations, Security Council, General Assembly
19. UN Agencies, World Bank / IMF
20. Regional organizations: NATO, ASEAN and SAARC etc.

**Recommended Texts:**

1. Devetak, R., George, J. and Percy, S. (2017). *An introduction to international relations*. Cambridge: Cambridge University Press.
2. Baylis, J., Smith, S., & Owens, P. (2004). *The globalization of world politics*. Oxford: Oxford University Press.

**Suggested Readings:**

1. Jackson, R. and Sørensen, G., (2016). *Introduction to international relations*. (6<sup>th</sup>ed.). Oxford: Oxford University Press.
2. Carlsnaes, W., Carlsnaes, W., Risse-Kappen, T., & Simmons, B. (2013). *Handbook of international relations*. Santa Barbara: SAGE Publications.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Songkhla  
 Songkhla

Course Code	ECON-5104	Course Title	Fundamentals of Economics	Credit Hours	3(3-0)
-------------	-----------	--------------	---------------------------	--------------	--------

**Course Brief:**

The course is designed for the beginners with either no formal background or very little acquaintance with economics. The objective is to give students a clear understanding of the basic concepts, tools of analysis and terminologies used both in micro and macro-economics. The course will cover the scope and importance of micro and macroeconomics, overview of the social system and economy as integral part of the social system. The course will also deal with the major issues in Pakistan economy.

**Course Learning Objectives:**

Upon completion of the Course student should be able to demonstrate skills to:

- Study fundamental concepts of economics and its application in Pakistan.
- Various theories of consumer behavior and its critical analysis.
- Relationship of social system and economy.
- Public finance and taxation and legal significance of it.

**Course Contents:**


1. Introduction to Microeconomics Economic System and its basic functions  
Theory of consumer behavior (Cardinal & ordinal approach)  
Supply, demand and market price determination  
Concept of elasticity (demand & supply)  
Theory of Cost (traditional theory)  
Theory of the firm (laws of return & law of variable proportion) Market Structure  
Perfect Market  
Imperfect Market (Monopoly & monopolistic competition)
2. Introduction to Macroeconomics  
Introduction of different concepts of National Income i.e. Gross Domestic Product (GDP), Gross National Product (GNP), Net National Product (NNP), National Income (NI), Personal Income (PI), Personal Disposable Income (PDI) and measurement of GDP: Product, Income and Expenditure approach.  
Circular flow and national income  
Consumption and saving function  
Investment and its types  
Concept of multiplier and accelerator  
Concept of aggregate, demand and supply and their equilibrium  
Monetary and fiscal policies  
Inflation and unemployment (Phillips Curve)  
Balance of payment (BOP) problems and remedies  
Public finance: Taxation, debt and expenditure

**Recommended Books:**

1. Bade, Robin and Parkin, Michael. Foundations of Economics, 5th edn. Boston: Pearson, 2010.
2. McConnell and Brue. Microeconomics, 18th edn. New York: McGraw-Hill, 2009.
3. Parkin, Michael. Macroeconomics, 7th edn. Boston: Pearson, 2005.

**Suggested Readings:**

1. Varian Hall R. Intermediate Microeconomics: Modern Approach, 6 th edn. New York: Norton, 2002.
2. Zaidi, Akbar. Issues in Pakistan Economy. Karachi: OUP, 1999.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sindh  
 Sindh

Course Code	CRIM-5101	Course Title	Fundamentals of Criminology	Credit Hours	3(3-0)
-------------	-----------	--------------	-----------------------------	--------------	--------

**Course Brief:**

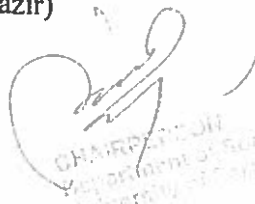
The course has been framed with the objectives of providing information regarding the understanding of the socio-political nature of defining certain acts of crime, gaining familiarity with current and historical trends in crime, and learning about the importance of correlates of crime. This course's learning outcomes are to enable the students to promptly gain a grasp of classical and contemporary criminological and sociological theories of crime and deviance, compare and contrast the different theoretical perspectives, and apply the theories to comprehend crime, deviance, and crime control efforts.

**Course Learning Objectives:**

This course provides detailed knowledge of social institutions, policies, and cultural frameworks in criminal justice. Students learn how the foregoing social structure can both contribute to and ameliorate observed social inequalities. And to convey the student's criminological knowledge in writing and orally to a range of audiences, including the research community, policymakers, and the general public.

**Course Contents:**

1. **Introduction**
  - i. Criminology and its scope
  - ii. Criminology and other branches of learning
  - iii. Criminology and criminal law
  
2. **Crime and Society**
  - i. Related concepts: deviancy, sin, vice
  - ii. Crime as a social phenomenon
  - iii. Crime and social organization (institutions)
  - iv. Crime and social structure
  - v. Crime as a social problem
  
3. **Crime and Criminals**
  - i. The occasional criminal
  - ii. The habitual criminal
  - iii. The professional criminal
  - iv. The white-collar criminal
  - v. The organized crime
  
4. **Detection of Crime**
  - i. Agencies of Detection: formal, informal
  - ii. Techniques of detection
  - iii. Problems in detection
  
5. **Trial and Conviction of Offenders**
  - i. Agencies: formal, informal
  - ii. Criminal Courts: Procedures and problems
  
6. **Punitive and Reformative Treatment of Criminals**  
(including Islamic Hudood, Qasas and Tazir)
  - i. Corporal, punishment
  - ii. Transportation for life
  - iii. Capital punishment
  - iv. Imprisonment

  
 CHAIRPERSON  
 Department of Social Work  
 University of Chittagong  
 Bangladesh

## 7. Prevention of Crime

- i. Long-term measures
- ii. Short-term measures

### Recommended Texts:

1. Davies, P., Rowe, M. (2021). *An Introduction to Criminology*. United Kingdom: SAGE Publications. ISBN: 9781529766950, 1529766958.
2. Miller, J. Mitchell (2009). *21st Century Criminology: A Reference Handbook, Volume 1*, Sage publications, USA.

### Suggested Readings:

1. Brown, S.E., Esbensen, F.A. and Geis, G. (2004) *Criminology: Explaining Crime and its Context*, (5<sup>th</sup>edn). Cincinnati, OH: Anderson Publishing
2. Cavadino, M. & Dignan, J. (2002), *The Penal System: An Introduction* (3<sup>rd</sup> ed.). London: Sage Publications.
3. Garland, D. (1990). *Punishment and Modern Society: A Study in Social Theory*. Oxford: Clarendon Press.
4. Hale, C., Hayward, K., Wahidin, A. and Wincup E. (eds) (2009) *Criminology* (2<sup>nd</sup> ed.). Oxford: Oxford University Press
5. International Centre for Prison Studies. (2005). *Prison Brief for Pakistan*.
6. Maguire, M., Morgan, R. and R. Reiner (eds.) (2007) *The Oxford Handbook of Criminology* (4<sup>th</sup>ed.) Oxford: Oxford University Press
7. Nadeem, A. H. (2002). *Pakistan: The Political Economy of Lawlessness*. Oxford: Oxford University Press
8. Newburn, T. (2007) *Criminology*, Cullompton: Willan Publishing
9. Pond, R. (1999). *Introduction to Criminology*. Winchester: Waterside Press
10. Saima Manzoor, A. M. E. A. M. (2014). *Police in Pakistan (A Research Book of Readings)* (2<sup>nd</sup> Ed.). USA: NewYark, Lulu Publisher.
11. White, R. and Haines, F. (2004) *Crime and Criminology: An Introduction*, Melbourne: Oxford University Press
12. Williams, K. S. (2012). *Textbook on Criminology*. United Kingdom: Oxford University Press. ISBN: 9780199592708, 0199592705.



UNIVERSITY  
Department of Social Work  
University of Sindh  
Sukkur

## OPTIONAL COURSES

Course Code	SOWK-6118	Course Title	Medical & Psychiatric Social Work	Credit Hours	3(3-0)
-------------	-----------	--------------	-----------------------------------	--------------	--------

### Course Brief:

Medical social work is a sub-discipline of social work. Medical social workers typically work in a hospital, outpatient clinic, community health agency, skilled nursing facility, long-term care facility or hospice. Medical social workers work with patients and their families in need of psychosocial help. *Medical social workers* specialize in public health, geriatric, palliative, and inpatient *medical* or mental health *care*. They *work* in hospitals or other specialized *medical* settings like nursing homes, rehabilitative *care* centers, or related home-*care services* (i.e. hospice).

### Course Learning Objectives:

This course is designed to help the students to understand the importance of Medical and Psychiatric Social Work and analyses its implication as preventive and curative program and to enable the students to understand the nature and dynamics of illness and get familiar with the different ways in order to help the patients to deal with stress situations. It will develop an understanding of multi-disciplinary approach in medical and psychiatric settings.

### Course Contents:


1. Introduction
2. General Medical Social Work
3. The Interface of Medicine and Social Work
4. Historical perspective of Medical & Psychiatric social work
5. Development of Medical Social Work in Pakistan
6. Bio-Psycho-Social Factors influencing health and disease
7. Social services in medical settings, their nature and extent
8. Primary prevention, Secondary prevention, Tertiary prevention:
9. Habilitation and Rehabilitation
10. Major issues and trends in Medical & Psychiatric Social work
11. Medical Social Work settings (Social Work in the Rehabilitation Unit, Social Work in the Burn Unit, Social Work in the Emergency Room, Rural Hospital Social Work, Social Work on the Psychiatric Unit, Social Work in the Pediatric Unit, Organ Transplant Social Work, Pediatric Oncology Social Work and any other available setting)
12. Mental Health in Social Work
13. Role of professional social worker in medical & Psychiatric social work

### Recommended Texts:

1. Davidson, K. (2014). *Social work in health care: a handbook for practice*. New York: Routledge.
2. Bedar, J. (2013). *Hospital social work: the interface of medicine and caring*. New York: Routledge.

### Suggested Readings:

1. Gehlert, S., & Browne, T. (2011). *Handbook of health social work*. New Jersey: Wiley.
2. Carter, C. S. (2006). *Social work and women's health: resources on health, empowerment, advocacy, and literacy (HEAL)*. Alexandria, VA: Council on Social Work Education.

  
CHAIRPERSON  
Department of Social Work  
University of Sargodha  
Sargodha

Course Code	SOWK-6119	Course Title	Gender & Development	Credit Hours	3(3-0)
-------------	-----------	--------------	----------------------	--------------	--------

**Course Brief:**

This course is designed to provide profound understanding about gender and development related ideologies, practices and debates. Ranging from gender roles, feminist economics to objectification and cost of sexism, this course offers diverse analysis of gender-power relations and gender-based division of labor. The course provides knowledge about evolution of different development associated beliefs and also examines gender related development approaches by exploring our everyday lives.

**Course Learning Objectives:**

This course will provide an opportunity for the students to go deep down in feminist discourse related to traditional and contemporary development approaches. By analyzing gender identities in terms of choices and participation in labor force (either paid or unpaid), the students are expected to have insight in gender-based contribution in national development as well as reasons behind women's low status and autonomy. At the end of this course the students will be able to have historical analysis of different developing and developed countries to further analyze their gender script and status.

**Course Contents:**


1. Definition, meaning, concept and importance of gender and development
2. Development related terminologies
3. Gender identities
4. Gender roles
5. Gender stereotyping
6. Gender & objectification
7. Theories of gender
8. Gender, status & power
9. Feminist ideologies: Liberal, Radical, Socialist, Marxist, Cultural, Black, Islamic & Eco Feminism
10. Feminist waves
11. Gender, work & Feminist Economics
12. Gender-based division of household & care labor
13. Gender & Paid Labor
14. The Glass Ceiling: Explanations & Solutions
15. Colonial history and gender in developing nations including Pakistan
16. Feminist concerns with development process
17. Gender related Development approaches: Women in Development (WID), Women and Development (WAD), Gender and Development (GAD), Gender Mainstreaming (GM).
18. Gender, Environment and Sustainable Development: MGDs & SGDs

**Recommended Texts:**

1. Momsen, J. (2010). *Gender and development* (2nd ed.). New York: Routledge.
2. Burn, S. M. (2011). *Women across cultures: a global perspective* (3rd ed.). New York: McGraw-Hill.

**Suggested Readings:**

1. Alston, M. (Ed.). (2014). *Women, political struggles and gender equality in South Asia*. New York: Palgrave Macmillan.
2. Verschuur, C., Guérin, I., & Guétat-Bernard, H. (Eds.). (2014). *Under development: gender*. New York: Palgrave Macmillan.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha

3.

Course Code	SOWK-6120	Course Title	Child Protection	Credit Hours	3(3-0)
-------------	-----------	--------------	------------------	--------------	--------

**Course Brief:**

Children's rights are a subset of human rights with particular attention to the rights of special protection and care afforded to minors. The 1989 Convention on the Rights of the Child (CRC) defines a child as "any human being below the age of eighteen years, unless under the law applicable to the child, majority is attained earlier. Children's rights include their right to association with both parents, human identity as well as the basic needs for physical protection, food, universal state-paid education, health care, and criminal laws appropriate for the age and development of the child, equal protection of the child's civil rights, and freedom from discrimination on the basis of the child's race gender, gender identity, national origin, religion, disability, color, ethnicity, or other characteristics. Interpretations of children's rights range from allowing children the capacity for autonomous action to the enforcement of children being physically, mentally and emotionally free from abuse, though what constitutes "abuse" is a matter of debate.

**Course Learning Objectives:**

This course is designed to acquaint the students with issue concerning family and child welfare with particular reference to conditions prevalent locally. It will help the students understand the nature and intensity of problems and role of the social workers to alleviate the problems of family and children.

**Course Contents:**


1. Introduction
2. Historical background of Child protection and abuse
3. Safeguarding children: principles for practice
4. Defining vulnerability, abuse and neglect
5. Types of abuse: physical abuse, emotional abuse, sexual abuse, neglect, other types
6. New challenges in child protection
7. The legislative and policy framework
8. Child protection in action: recognizing and responding to concerns
9. Equality practice and safeguarding
10. Policies, procedures and best practice
11. Child maltreatment and cultural competence
12. Wellbeing and effective childcare
13. Supporting children and families
14. Pakistani Laws, Policies and Initiatives related to Child Protection

**Recommended Texts:**

1. Hann, G & Fertleman, C. (2016). *The child protection practice manual: training practitioners how to safeguard children*. Oxford: Oxford University Press.
2. Lindon, J & Webb, J. (2016). *Safe guarding and child protection*. Oxon: Hodder Education.

**Suggested Readings:**

1. Nelson, S. (2016). *Tackling child sexual abuse radical approaches to prevention, protection and support*. Bristol: Policy Press.
2. Jabeen, T. (2012). Child protection: children's right to protection and the United Nations Convention on the Rights of the Child. *Law & Society*, 42(59&60), pp. 7-18. 6.

  
Department of Social Work  
University of Bangladesh  
Dhaka

Course Code	SOWK-6121	Course Title	School Social Work	Credit Hours	3(3-0)
-------------	-----------	--------------	--------------------	--------------	--------

**Course Brief:**

This course is designed to impart student's knowledge about the role of school as an agency outside home, its role in personality development and socialization. This course offers a wide range of theories related to social work and school social work practice. By understanding ethical dimensions, ecological framework, political environment of the school and student's issues and challenges in school setting, the students will be able to understand core values of social work practice and scope of school social work practice in Pakistan. Moreover, this course provides comprehensive information about student-focused interventions, system-focused interventions and proven and promising programs that target classrooms, schools, families, neighborhoods, and communities for change.

**Course Learning Objectives:**

At the end of the course, the students are expected to have understood about historical development of school social work, emergence and role of National Association of Social Workers as well as exemplary school and community-based programs to prevent bullying, violence, truancy and substance abuse.

**Course Contents:**


1. Concept, meaning and scope of social work in educational institutions.
2. History of School Social Work (International & National)
3. Ecological Perspective and organizing framework for School Social Work Practice
4. Social Work Methods and School Social Work
5. Roles and Tasks of School Social Workers and Other Professional Support Staff
6. Ethical Dimensions of School Social Work Practice
7. The Organizational Structure and Processes of the School
8. The Culture and Climate of the School
9. The Political Environment of the School
10. Externalizing Behavior Problems & Proven Student-Focused Interventions/Programs
11. Internalizing Behavior Problems & Proven or Promising Student-Focused Interventions
12. Social Problems & Proven or Promising Student-Focused Interventions Targeting Children and Youth Experiencing Social Problems
13. Students with Disabilities & School Social Work Practice
14. Promising Interventions Targeting Students with Disabilities
15. System-Focused Interventions
16. Theories related to social work and school social work practice
17. Rationale of School Social Work Practice in Pakistan
18. Government and non-Government agencies related to child welfare in Pakistan.

**Recommended Texts:**

1. Dupper, D. (2002). *School social work: Skills and interventions for effective practice*. New Jersey: John Wiley & Sons.
2. Openshaw, L. (2008). *Social work in schools: Principles and practice*. New York: Guilford Press.

**Suggested Readings:**

1. Constable, R. (2009). The role of the school social worker. *School social work: Practice, policy, and research*, 3-29.
2. National Association of Social Workers. (2003). *NASW Standards for School Social Work Services*. USA: Clearinghouse.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sindh  
 Sukkur

Course Code	SOWK-6122	Course Title	Rural Development and Local Government	Credit Hours	3(3-0)
-------------	-----------	--------------	--	--------------	--------

**Course Brief:**

Rural development is the process of improving the quality of life and economic well-being of people living in rural areas, often relatively isolated and sparsely populated areas. Rural development has traditionally centered on the exploitation of land-intensive natural resources such as agriculture and forestry. It explores basic democracies, devolution plan and local government Act, 2013 to give us an idea how decentralization of power has been treated by different democratic governments and martial law regimes. This course highlights the role played by successive local governments in rural development.

**Course Learning Objectives:**

This course is designed to orient students with the rural development projects undertaken in Pakistan and to unearth the factors responsible for their failures. This course aims to develop an understanding of history of local government, its structure, service delivery mechanism and functioning and knowledge of the governance context for rural development in Pakistan.

**Course Contents:**

1. Understanding rural development
2. Socio-economic characteristics of rural areas
3. Problems of rural communities
4. Strategies of rural development
5. Grassroot rural developments: models of development, capacity of leadership
6. Gender and rural development
7. Social workers and rural congregations: Partnering to build community capacity
8. Social Work education for rural practice
9. Role of NGOs in rural development
10. Harnessing and guiding social capital for rural development in Pakistan
11. Rural development programs in Pakistan (Village-Aid Program, Basic Democracies, Rural Works program, Integrated Rural Development Program, People Works program, Citizen Community Boards)
12. Why local government?
13. Decentralization: Potential and challenges for rural development
14. New approaches to decision making in local authorities
15. New localism
16. Local democracy in Pakistan (Basic democracies, Local Government Ordinance 2001, Local Government Act, 2013, The Punjab Local Government Act, 2019)
17. Gender and local governance in Pakistan
18. Future of local government

**Recommended Texts:**

1. Netting, F. E., Kettner, P. M., McMurtry, S. L., & Thomas, M. L. (2017). *Social work macro practice (6th ed.)*. Boston: Pearson Education, Inc.
2. Phillips, R., & Pittman, R. H. (Eds.). (2009). *An introduction to community development*. New York: Routledge.

York: Routledge.

**Suggested Readings:**

1. Bessant, K. C. (2018). *The relational fabric of community*. New York: Palgrave Macmillan.
2. Brueggemann, W. G. (2014). *The practice of macro Social Work (4th ed.)*. Belmont, CA Brooks/Cole, Cengage Learning.
3. Shore, A. R., & Carfora, J. M. (2011). *The art of funding and implementing ideas: A guide to proposal development and project management*. Los Angeles: SAGE Publications Ltd.
4. Weil, M., Ohmer, M. L., & Reisch, M. (Eds.). (2013). *The handbook of community practice (2nd ed.)*. California: SAGE Publications, Inc.

  
 DEPARTMENT OF Social Work  
 University of Peshawar  
 Peshawar

Course Code	SOWK-6123	Course Title	Social Work and Disaster Management	Credit Hours	3(3-0)
-------------	-----------	--------------	-------------------------------------	--------------	--------

**Course Brief:**

Disaster Management can be defined as the organization and management of resources and responsibilities for dealing with all humanitarian aspects of emergencies, in particular preparedness, response and recovery in order to lessen the impact of disasters. It is a serious disruption of the functioning of a community or society, which involves widespread human, material, economic or environmental impacts that exceed the ability of the affected community or society to cope using its own resources.

**Course Learning Objectives:**

This main objective of the course is to introduce students with the concept, nature and diversities of the disaster and its different natural and human created types. It will also familiarize students with different impacts of disaster on human society; possible solutions to stop or minimize the disaster's occurrence and impacts minimizing. It also helps the students to gain the knowledge of various disaster management strategies as well as the role of Social Work process in Disaster Management.

**Course Contents:**


1. Disaster: Definition, Meaning and Explanation
2. Types of Disasters; a. Natural Disasters: Avalanches, Landslides, Droughts, Earth Quakes, High Temperatures, Floods, Forest Fires, Volcanic Eruptions, Wind Storms/ Hurricanes b. Man-Made Disasters: Technological Disasters Like Accidents, Warfare, Terrorism, Industrial Accidents
3. Effects of Disasters
4. Understanding Basic Terminology in Disaster Management: a. Hazards, b. Risk, c. Disaster d. Vulnerability. e. Capacity f. Coping g. Resilience /Resilient i. Disaster Risk Reduction j. Disaster Risk Management k. Prevention, l. Mitigation m. Preparedness.
5. Disaster Management Cycle a. Preparedness b. Response c. Reconstruction d. Recovery e. Mitigation
6. Risks and Trends: disasters in Asia and the World: Some Statistics
7. Situational Analysis of Disasters in Pakistan
8. Global Issues & Initiatives: World Conference on Disaster Reduction (2005), Hyogo Framework for Action (2005-15), Sphere Standards-2102.
9. Disaster Risk Reduction and Management Authorities in Pakistan a. NDMA b. PDMA c. FDMA
10. Role of community in disaster risk reduction
11. Social Work Approach to Disaster Management: a. Aim of Risk Reduction Measures b. Appropriate and Adequate Risk Reduction Measures: Elements & Process (43) c. Community Based Disaster Risk Reduction/ Disaster Preparedness (CBDRM): Elements, Process and Outcome d. PCRA (Participatory Community Disaster Risk Assessment) or PRA (Participatory Risk Assessment/ Participatory Rural Appraisal)
12. Post Disaster Phenomenon: a. Emergency Response. b. Disaster Relief c. Disaster Recovery: Recovery -Opportunity to Build Better and Establish Sustainable DRR Organizations d. Rehabilitation. e. Reconstruction f. Disaster and Development.

**Recommended Texts:**

1. Shaw, R. & Nibanupudi, H. K. (2014). *Mountain hazards and disaster risk reduction*. London: Springer.
2. Lyons, K. H., Hokenstad, T. Pawar, M., Huegler, N. & Hall, N. (2012). *The sage handbook of international social work*. London: SAGE.

**Suggested Readings:**

1. Shaw, R. (2012). *Community based disaster risk reduction*. Bingley: Emerald Group Publishing.
2. Shaw, R., Srinivas, H. & Sharma, A. (2009). *Urban risk reduction: an Asian perspective*. Bingley: Emerald Group Publishing.

  
 CHAMBERS  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-6124	Course Title	Drug Abuse Prevention	Credit Hours	3(3-0)
-------------	-----------	--------------	-----------------------	--------------	--------

**Course Brief:**

Drug abuse prevention grew out of the public health field and has a strong interdisciplinary tradition in which social work plays a very important part. Social work practitioners conducting prevention collaborate with a wide array of professionals and paraprofessionals. Social workers provide community-based alcohol and drug prevention services across the life span to those of diverse socioeconomic status, race and ethnicity, gender, sexual orientations, and ability status.

**Course Learning Objectives:**

The course is designed to help students to understand the nature and extent of drug abuse as a social problem. It will enhance the approach of students about the various methods used in the field of prevention, treatment and rehabilitation. It will also strengthen the professional work approach of students against adverse effect of drug abuse.

**Course Contents:**


1. Definition and meaning of drugs, Drug Abuse and drug addiction
2. Historical perspective of Drug Abuse in Pakistan
3. Elements of Drug Abuse a. Production b. Processing c. Peddling d. Provision e. Consuming
4. Causes of Drug Abuse
5. Symptoms of Drug Abuse
6. Effects of Drug Abuse on mental health
7. Drug Abuse and its consequences on family and community at large
8. Detoxification of Drug dependents
9. Social Case Work, Group Work and Community Development in prevention, treatment and rehabilitation of drug dependency
10. Legislation to control Drug Abuse in Pakistan
11. Government Programs for control of Drug Abuse
12. Role of social worker in Drug Abuse prevention

**Recommended Texts:**

1. Sussman, S. (2017). *Substance and behavioral addictions: concepts, causes, and cures*. New York: Cambridge University Press.
2. Sussman, S. & Ames, S. (2008). *Drug abuse: concept, prevention and cessation*. New York: Cambridge University Press.

**Suggested Readings:**

1. Sloboda, Z., & Bukoski, W. J. (Eds.). (2007). *Handbook of drug abuse prevention*. Springer.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

**Bridging Semester: (For students other than field)**

Course Code	SOWK-5101	Course Title	Introduction to Social Work & Social Welfare	Credit Hours	3(3-0)
-------------	-----------	--------------	--	--------------	--------

**Course Brief:**

Social Work is a practice-based discipline which aims at improving the well-being of society. Introduction to Social Work is a basic course which elaborates the conceptual foundation of Social Work needed to acquaint students with the contemporary professional knowledge of Social work and generalist Social Work practice.

**Course Learning Objectives:**

This course is designed to acquaint students an introductory knowledge regarding the development of the Social Work profession and Social Work education, Social Work under religious doctrines and Social Work knowledge, ethics, values and skills. It will orient students to the professional roles of social worker followed by the knowledge of generic principles of Social Work. This course will be a foundation stone in helping the students to gain required knowledge to become an effective Social Worker. Moreover, it will also focus on the generalist Social Work practice along with its practice settings (micro, mezzo and macro practice). It will also provide the understanding of Social Welfare, its history around the globe and contemporary fields of Social Work practice.

**Course Contents:**


1. Concept and introduction to Social Work
2. History of Social Work
3. The Development of the Social Work Profession
4. Early Development of Social Work Education
5. Concept of Social Work under religious doctrines
6. Social Work Knowledge, ethics, Values and skills
7. Values and multicultural competence
8. Generic principles of Social Work
9. Social worker: a variety of roles
10. Social Work practice
11. The process of generalist Social Work practice
12. Practice settings: micro, mezzo and macro practice
13. Social Work functions and roles: consultancy, resource management, integration, integrating generalist functions
14. Concept and introduction to Social Welfare
15. History of Social Welfare
16. Approaches of Social Welfare
17. Welfare State
18. Contemporary fields of Social Work Practice

**Recommended Texts:**

1. Kirst-Ashman, K. K. (2017). *Introduction to social work and social welfare: critical thinking perspectives*. Boston: Cengage learning.
2. Zastrow, C.H. (2013). *The practice of social work: a comprehensive worktext*. Belmont: Cengage learning.

**Suggested Readings:**

1. Birkenmaier, J & Berg-Weger, (2017). *The practice of generalist social work*. New York: Taylor & Francis.
2. Wilson, K, et al. (2008). *Social work: an introduction to contemporary practice*. London: Pearson Education Limited.

  
CHAITANYA  
Department of Social Work  
University of Jorhat  
Assam

Course Code	SOWK-5104	Course Title	The Practice of Social Work-I	Credit Hours	3(3-0)
-------------	-----------	--------------	-------------------------------	--------------	--------

**Course Brief:**

Social work practice consists of the professional application of social work values, principles, and techniques to one or more of the following ends: helping people obtain tangible services; counseling and psychotherapy with individuals, families, and groups; helping communities or groups or improve social well-being. Along with knowledge used in making an assessment, this course will emphasize on assessing the problems of individuals, interviewing in Social Work (informational interviews, assessment interviews, intervention interviews), process of interviewing, counselling in Social Work from worker's perspective and from client's perspective.

**Course Learning Objectives:**

This course is designed to impart knowledge of the practice of Social Work. It will acquaint students with knowledge goals and assessment needed for social work practice. This course will be a foundation stone in helping the students to gain required knowledge of Social Work Practice with individuals.

**Course Contents:**

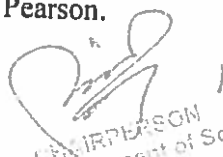
1. Introduction: the practice of Social Work
2. Goals of Social Work Practice
3. Assessment in Social Work Practice
4. Sources of information in assessment
5. Knowledge used in making an assessment
6. Assessing problems
7. Social Work with individuals
8. Social Work with individuals: Interviewing
9. Types of interviews in Social Work: informational interviews, assessment interviews, intervention interviews
10. Process of interviewing
11. Social Work with individuals: counselling
12. Counselling from worker's perspective
13. Counselling from client's perspective: eight stages
14. Client's reaction to a personal problem
15. Kubler-Ross Model of Client's reaction

**Recommended Texts:**

1. Zastrow, C.H. (2013). *The practice of social work: a comprehensive worktext*. Belmont: Cengage learning.
2. Birkenmaier, J & Berg-Weger, (2017). *The practice of generalist social work*. New York: Taylor & Francis.

**Suggested Readings:**

1. Holosko, M. J., Dulmus, C, N. & Sowers, K. M. (2013). *Social work practice with individuals and families: evidence-informed assessments and interventions*. New Jersey: John Wiley & Sons, Inc.
2. Miley, K. K., O'Melia, M. W. & DuBois, B. L. (2017). *Generalist social work practice: an empowering approach*. Boston: Pearson.

  
 CNIRPERSON  
 Department of Social Work  
 University of Sargodha  
 Sargodha

Course Code	SOWK-5107	Course Title	The Practice of Social Work-II	Credit Hours	3(3+0)
-------------	-----------	--------------	--------------------------------	--------------	--------

**Course Brief:**

Social work practice consists of the professional application of social work values, principles, and techniques to one or more of the following ends: helping people obtain tangible services; counseling and psychotherapy with individuals, families, and groups; helping communities or groups or improve social well-being.

**Course Learning Objectives:**

This course is a continuation of The Practice of Social Work- I and will acquaint students with knowledge and skills needed for social work practice with groups. This course will be a foundation stone in helping the students to gain required knowledge of Social Work Practice with groups, families and diverse groups. Along with group development models, it will also describe the leadership and its approaches and social power basis in groups. It will also focus Social Work practice with families by including diversity of family forms, societal functions of family, family problems followed by family assessment family counselling.

**Course Contents**

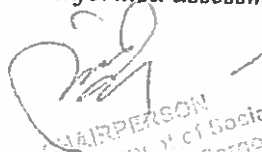
1. Introduction: the practice of Social Work
2. Social Work with groups: concepts and skills
3. Types of groups, group goals and group norms
4. Start, lead, evaluation and termination of groups
5. Group development: Garlnd, Jones and Kolodny Model
6. Tuckman's Model
7. Bales Model
8. Leadership: the trait approach, the position approach, the style approach, the distributed functions approach
9. Social power basis in groups
10. Conflicts in groups
11. Strategies for resolving conflicts
12. Starting, leading and ending counselling group
13. Social Work with families: diversity of family forms, societal functions of family, family problems
14. Family assessment: the eco map, genogram
15. Family counselling: approaches to family counselling

**Recommended Texts:**

1. Zastrow, C.H. (2013). *The practice of social work: a comprehensive worktext*. Belmont: Cengage learning.
2. Zastrow, C.H. (2013). *Social work with groups: a comprehensive worktext*. Belmont: Cengage learning.

**Suggested Readings:**

1. Birkenmaier, J & Berg-Weger, (2017). *The practice of generalist social work*. New York: Taylor & Francis.
2. Holosko, M. J., Dulmus, C, N. & Sowers, K. M. (2013). *Social work practice with individuals and families: evidence-informed assessments and interventions*. New Jersey: John Wiley & Sons, Inc.

  
 CHAIRPERSON  
 Department of Social Work  
 Vidyalaya Sangathan  
 Bangalore

Course Code	SOWK-5110	Course Title	The Practice of Social Work-III	Credit Hours	3(3-0)
-------------	-----------	--------------	---------------------------------	--------------	--------

**Course Brief:**

Social work practice consists of the professional application of social work values, principles, and techniques to one or more of the following ends: helping people obtain tangible services; counseling and psychotherapy with individuals, families, and groups; helping communities or groups or improve social well-being.

**Course Learning Objectives:**

This course is a continuation of The Practice of Social Work- I & II and will acquaint students with knowledge and skills needed for social work community practice along with models of community practice. This course will be a foundation stone in helping the students to gain required knowledge of Social Work Practice with organizations and communities. With an emphasis on evaluating social work practice, it will also describe the evaluation of social work practice. Framed within theoretical perspectives for understanding diversity, students are offered an overview of Social Work practice with diverse groups, spirituality and religion in Social work practice and common concerns of Social Workers

**Course Contents:**

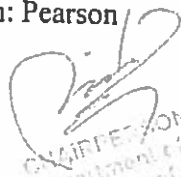
1. Introduction: the practice of Social Work
2. Social Work community practice
3. Models of community practice
4. Generalist practice skills for macro practice
5. Knowledge for macro practice
6. Skills for macro practice
7. Generalist Social Work practice with organizations
8. Models of organizational behavior
9. Evaluating Social Work Practice
10. The single-system evaluation approach
11. Single system designs
12. Evaluating programs
13. Ethics of evaluation
14. Information technology in Social Work practice
15. Social Work practice with diverse groups
16. Spirituality and religion in Social work practice
17. Common concerns of Social Workers

**Recommended Texts:**

1. Zastrow, C.H. (2013). *The practice of social work: a comprehensive worktext*. Belmont: Cengage learning.
2. Netting, F. E., Kettner, P. M., McMurtry, S. L., & Thomas, M. L. (2017). *Social Work Macro Practice* (6th ed.). Boston: Pearson Education, Inc.

**Suggested Readings:**

1. Birkenmaier, J & Berg-Weger, (2017). *The practice of generalist social work*. New York: Taylor & Francis.
2. Miley, K. K., O'Melia, M. W. & DuBois, B. L. (2017). *Generalist social work practice: an empowering approach*. Boston: Pearson

  
 CHAMPETRON  
 Department of Social Work  
 University of Saragaha  
 Surabaja

Course Code	SOWK-5111	Course Title	Human Rights for Social Work Practice	Credit Hours	3(3+0)
-------------	-----------	--------------	---------------------------------------	--------------	--------

**Course Brief:**

This course defines and explains human rights for Social Work Practice and distinguishes between various types of human rights i.e. economic, social and cultural rights.

**Course Learning Objectives:**

Certain objectives of this course are: to understand how human rights are monitored and enforced, to understand the national and international legal documents of human rights and the work of various international organizations in the field of human rights & acquaint students with national and international legal documentation on human rights. The course examines and raises a number of challenging questions for students: the implementation of human rights, the universality and cultural debate etc. The focus of the course would be on Universal Declaration of Human Rights, the enforcement mechanism both under the UN Chartered based bodies and the treaty-based system. National Human Rights Law as contained in the Constitution and other statutes and its enforcement mechanisms. The course will also examine major human rights issues in Pakistan and the region.

**Course Contents:**

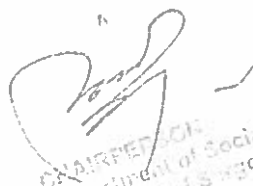
1. Introduction
2. Concept of Rights and Obligations
3. Dimensions of Human Rights
4. Historical Evolution of Human Rights
5. Philosophy, Theories and Perspectives of Human Rights: Natural Rights, Legal Rights, Social Contract, Utilitarianism, Universalism, Cultural Relativism
6. Culture and Human Rights
7. Human Rights: Human Needs, Obligations & Ethics and Human Rights
8. Participation in the Human Rights Discourse
9. Constructing Human Rights for Social Work Practice
10. Achieving Human Rights through Social Work Practice
11. Respecting Human Rights in Social Work Practice
12. International & national human rights treaties
13. Human Rights in Pakistan: Constitutional Provisions, International legal obligations undertaken by Pakistan, Implementation Mechanism
14. Role of International Human Rights Organizations
15. Role of NGOs and media in Protecting Human Rights
16. Role of social workers in protecting human rights

**Recommended Texts:**

1. Alston, P., & Goodman, R. (2013). *International human rights*. Oxford: Oxford University Press
2. Ife, J. (2008). *Human rights and social work towards rights-based practice*. Cambridge: Cambridge University Press.

**Suggested Readings:**

1. Reichert, E. (Ed.). (2007). *Challenges in human rights: a social work perspective*. New York; Columbia University Press
2. Whelan, D.J. (2010). *Indivisible human rights: a history*. Philadelphia; University of Pennsylvania.

  
 CHAIRPERSON  
 Department of Social Work  
 University of Sindh  
 Sindh